CARDIOVASCULAR MAGNETIC RESONANCE IMAGING FOR IN VIVO ASSESSMENT OF THE AGE OF MYOCARDIAL INFARCT AND FOR IDENTIFICATION OF SIGNIFICANT CORONARY HEART DISEASE IN PATIENTS WITH PERIPHERAL ARTERIAL DISEASE

Ph.D. Thesis Summary

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2011
1 INTRODUCTION

Ischemic heart disease remains the leading cause of death in the Western world, and myocardial infarction is a key component of the burden of cardiovascular disease. Efforts for the decrease of the incidence and case fatality of myocardial infarction are important determinants of the desired decline in coronary disease mortality.

The development of different imaging modalities could lead to better in vivo assessment of the irreversibly injured myocardial tissue as well as of the ongoing pathological processes during the healing of myocardial scar following myocardial infarct. This may contribute to the better comprehension of scar tissue evolution processes, which presents opportunity to the intervention to the scar tissue evolution processes and to inhibit the left ventricular remodeling. This could lead to better quality of treatment and better outcome for patients following myocardial infarct.

Peripheral arterial disease (PAD) is a significant epidemiological problem. Due to the systemic nature of the atherosclerosis and because of the typical existence of multiplex lesions, patients with PAD often have coronary heart disease, as well. Therefore, the risk of coronary events is high. The cardiology assessment of patients with PAD would be of great importance. Medical, surgical or interventional treatment for each identified patient being at high risk for undesirable cardiovascular events is warranted to decrease coronary disease mortality in this subgroup of patients.

2 OBJECTIVES

1. To examine the ability of our new method using delayed enhancement (DE) cardiovascular magnetic resonance (CMR) with Gd(ABE-DTTA), a new MRI contrast agent (CA) to differentiate between acute and 4 week old infarcts in vivo in a subject having both type of myocardial infarct (MI) simultaneously.

2. To determine the infarct affinity of Gd(ABE-DTTA) during the subacute phase of MI scar healing, and to compare it to the affinity during the late subacute phase.

3. To prove that Dobutamine stress MRI is a safe and feasible method for the noninvasive cardiac assessment of patients with PAD.
Differentiation of Acute and Four-Week Old Myocardial Infarct with Gd(ABE-DTTA)-Enhanced CMR

3.1 Introduction

Differentiation between acute and older MIs is of great importance in clinical decision-making, however, is still a challenge for current imaging modalities. We have developed a family of CAs for CMR diagnosis of ischemic heart disease (IHD). Among these, Gd(ABE-DTTA) is optimal for cardiovascular purposes. In this study we have shown that Gd(ABE-DTTA) induces a DE effect in acute, but not in late subacute MI.

3.2 Methods

3.2.1 Study design

MIs were generated in canines (n=6) in the LAD coronary artery territory and four weeks later in that of the left circumflex coronary artery (LCx). CMR sessions were carried out 3 and 4 days after the generation of the second MI, separately using Gd(DTPA) (standard extracellular CA) and Gd(ABE-DTTA) (new CA), respectively.

3.2.2 Surgical procedure

Six male hounds were anesthetized. The left femoral artery was separated surgically and an arterial sheath (6-8 French) was inserted. A properly sized 2-3 mm angioplasty balloon was introduced under fluoroscopic guidance into the LAD (1st infarct) or the LCx (2nd infarct) and inflated temporarily for 180 minutes to create MI.

3.2.3 Magnetic Resonance Imaging

A 1.5T GE Signa-Horizon CV/i scanner (Milwaukee, WI, USA) was used. A cardiac phased-array coil and ECG gating were employed. A 180°-prepared, segmented, inversion-recovery fast gradient-echo pulse was used with: Field of View (FOV) 30 cm, Echo Time (TE) 3.32 ms, Repetition Time (TR) two cardiac cycles (1100-1600 ms), slice thickness 10 mm. The Inversion Time (TI) was optimized to null the signal of normal myocardium.

In the first CMR session, a 0.2 mmol/kg Gd(DTPA) bolus was administered intravenously. DE images were acquired 15-20 min thereafter. Gd(ABE-DTTA) was given intravenously at the end of the first CMR session. In the second CMR session, 24h after Gd(ABE-DTTA) administration, DE images were similarly obtained.
3.2.4 Histomorphometry and Histology

Animals were then sacrificed, hearts excised, sliced and stained with 2,3,5-triphenyltetrazolium chloride (TTC). Tissue samples were taken for histopathology.

3.2.5 Image analysis

To avoid observer bias, CMR images were analyzed in pixel-by-pixel manner. Pixels with signal intensity (SI) above the mean + 6 SD of the normal myocardium were regarded as enhanced pixels, i.e. pixels of the infarct. The mean signal intensity enhancement (SIE) was computed by:

\[
SIE = 100 \times \frac{SI_i - SI_n}{SI_n},
\]

where \(SI_i\) and \(SI_n\) are the mean signal intensity in infarct and normal myocardium, respectively.

3.2.6 Statistical analysis

Two-way repeated measures analysis of variance was used to compare the SIE values among the six experimental groups. Pairwise differences between the groups were assessed by using the Holm-Sidak method of adjustment for multiple comparisons.

3.3 Results

Both the acute (LCx) and four-week old (LAD) infarcts were visible in Gd(DTPA)-enhanced DE images of all six dogs. The existence and localization of recent and four-week old infarct were confirmed by TTC. Gd(ABE-DTTA) did not induce SIE in the subacute (LAD) infarcts, while the acute (LCx) infarcts were clearly visible on DE images of all six animals in the presence of this CA. Mean ±SD SIE values are shown in Fig. 1.

With Gd(ABE-DTTA), the mean SIE in the areas with acute infarct was 366 ± 167 %, whereas in areas of four-week old infarcts it was only 24 ± 59 %. The difference is statistically significant (P<0.05). The mean SIE in four-week old infarct areas with Gd(ABE-DTTA) did not differ significantly from SIE of healthy myocardium (P=NS). In contradistinction, Gd(DTPA) produced similar mean SIEs in acute (430 ± 124 %) and four-week old infarcts (400 ± 124 %, P=NS). Furthermore, the mean SIE values of neither acute nor four-week old infarcts enhanced with Gd(DTPA) were statistically different from mean SIE of acute infarct areas enhanced with Gd(ABE-DTTA).
3.4 Discussion

Gd(ABE-DTTA) was capable of differentiating between acute and four-week old infarcts as no DE effect was seen in the latter while one is clearly observable in the former. Acute MIs can be seen on the DE images enhanced with either Gd(DTPA) or Gd(ABE-DTTA). Older MIs are visible only by Gd(DTPA).

![Fig. 1 - Comparison of SIE Values.](image)

Mean (n=6) Signal Intensity Enhancement (%) induced by Gd(ABE-DTTA) or Gd(DTPA) in areas of acute (green bars) and subacute infarcts (blue bars).

3.5 Conclusions

In summary, we have shown that DE-CMR with separate administrations of Gd(DTPA) and Gd(ABE-DTTA) differentiates between acute and four-week old MIs in a reperfused, double infarct, canine model.
4 ACUTE INFARCT SELECTIVE MRI CONTRAST AGENT

4.1 Introduction

There are several clinical scenarios where differentiation between acute and older myocardial infarct may be crucial.

In the previous study we have shown that Gd(ABE-DTTA) induces a DE effect in acute (four-day old), but not in late subacute (four-week old), MI in a canine, double infarct model. The infarct affinity of Gd(ABE-DTTA), however, is not known between days 4 and 28 following MI. We hypothesized that Gd(ABE-DTTA) differentiates similarly between acute and 2-week-old MI as it does between acute and 4-week old MI, ie. the infarct affinity of Gd(ABE-DTTA) vanishes already in the subacute phase of scar healing.

4.2 Methods

4.2.1 Study design

MI was generated by occluding for 180 min the LAD coronary artery with an angioplasty balloon. Inversion-recovery fast gradient echo (IR-FGE) MRI images were obtained on days 4, 14, and 28 after MI, and delayed enhancement was generated with Gd(ABE-DTTA). On days 13 and 27 post MI, the same MRI IR-FGE image sequence was used without contrast agent, to demonstrate that the previously administered tissue-persistent CA, Gd(ABE-DTTA), totally cleared from the myocardial infarct as judged by comparison to precontrast images. In addition, control visualization of the infarct was carried out on day 27 with Gd(DTPA) (standard extracellular contrast agent), to ascertain that the infarct was still in place despite the fact that the acute-infarct specific agent did not highlight it. Gd(ABE-DTTA) was administered on day 27 only upon the complete clearing of Gd(DTPA). T2-weighted Turbo Spin Echo (T2-TSE) images were acquired on day 3, 13 and 27 before contrast agent administration.

4.2.2 Surgical procedure

Seven male hounds (18-20 kg) were used. A properly sized 2-3 mm angioplasty balloon was introduced into the LAD under fluoroscopic guidance and inflated temporarily for 180 minutes to create MI.

After the last MRI session, animals were sacrificed, hearts were excised and sliced (5 mm thick slices). TTC staining (2%, 37°C) was carried out to validate the existence of myocardial infarcts.
4.2.3 Magnetic Resonance Imaging
The same instrument, cardiac phased-array coil and 180°-prepared, segmented, inversion-recovery fast gradient-echo (IR-FGE) pulse sequence was used described in the previous study. Double inversion-recovery (black-blood) fast-spin-echo images were generated at end-diastolic phase of the cardiac cycle with the following parameters: FOV of 30 cm, TE of 60 ms, Echo Train Length of 16, Shot Length of 140 ms, TR of two cardiac cycles (1100-1600 ms), Slice Thickness of 10 mm, Image Matrix of 256x256, Flip Angle of 90°, NEX of 1.

4.2.4 Contrast Agent
In the MRI session on day 13, the IR-FGE sequence was used without CA administration. On day 27, a 0.2 mmol/kg Gd(DTPA) bolus was administered intravenously. DE images were acquired with the IR-FGE sequence 15-20 min thereafter. In the MRI sessions on days 4, 14, and 28, DE images were similarly obtained, 24h after i.v. administration of 0.05 mmol/kg Gd(ABE-DTTA).

4.2.5 Image analysis
MRI Dicom images were imported as image sequences with the use of ImageJ. In all images, the endo-, and epicardial contours were traced manually. Large regions of interests, remote from the infarct, were selected to measure baseline SI ± SD of the healthy myocardium. All other analyses were automated to eliminate observer bias. The mean percent SIE was computed as described above.

4.2.6 Statistical analysis
One-way repeated measures analysis of variance was used to compare mean signal intensity enhancement (SIE) of DE images enhanced by Gd(ABE-DTTA) or by the T2 weighting sequence on the different days. Two-way repeated measures analysis of variance was used to compare the SI values among experimental groups. Pairwise differences between the groups were assessed by using the Holm-Sidak method of adjustment for multiple comparisons.

4.3 Results
Gd(ABE-DTTA) highlighted the infarct in all cases on day 4, but not at all on day 14 or on day 28 following MI. By days 13 and 27 post MI, the previously administered Gd(ABE-DTTA) completely cleared from the myocardium, including the infarct area. The mean ± SD signal
intensity (SI) of infarcted myocardium in the presence of Gd(ABE-DTTA) significantly differed on day 4 from that of healthy myocardium (45 ± 16.0 vs. 10 ± 5.0, P<0.05), but it did not on day 14 (11 ± 9.4 vs. 10 ± 5.7, P=NS), nor on day 28 (7 ± 1.5 vs. 7 ± 2.4, P=NS) (Fig. 2.). The mean ± SD signal intensity enhancement (SIE) induced by Gd(ABE-DTTA) was 386±165% on day 4, significantly different from SIE on day 14 (9±20%), and on day 28 (12±18%) following MI (P<0.05). The last two mean values did not vary significantly (P=NS) between them.

Fig. 2 - Comparison of signal intensity values at Different Infarct Ages
Mean (n=7) Signal Intensity values induced by Gd(ABE-DTTA) in areas of infarcts (bright blue bars) vs. healthy myocardium (dark blue bars) at different infarct ages. P values pertain to pairwise comparisons by the Holm-Sidak method of the six different experimental subgroups.

Gd(DTPA) highlighted the infarct in all cases on day 27, inducing a SIE value of 312±40%. T2 weighted (T2w) signal enhancement was seen in the segments supplied by the infarct related
artery (IRA). This enhancement appeared not only during the acute but also during the subacute and late subacute phase of the MI.

4.4 Discussion

It had been shown in the previous study that Gd(ABE-DTTA) differentiates between acute and 4-week old myocardial infarcts (MI) in a canine, double infarct model. The principal finding of the current study is that Gd(ABE-DTTA) has a similar ability already at an earlier age of infarct, i.e. 14 days following MI. It shows that the infarct affinity of Gd(ABE-DTTA) has already vanished in the subacute phase of scar healing. This study also confirms the agent’s ability to differentiate acute and older myocardial infarcts in an experimental study design different from the design in the previous study.

It is also demonstrated, that T2w imaging highlights the infarcts and the segments supplied by the infarct-related artery (“area at risk”) similarly in the acute, subacute and late subacute phase, i.e. T2w imaging is not able to distinguish among these different phases of the myocardial infarct healing during the time window the study uses while Gd(ABE-DTTA) does.

The differentiation shown by Gd(ABE-DTTA) on the basis of infarct age as early as in the subacute phase, indicates that this agent may become a reliable diagnostic tool in several important clinical situations, the most important potential scenarios would be the following:

1. Localization of the "culprit" vessel in patients with multi-vessel CAD in acute NSTEMI in the presence of an old MI
2. Detection of the extension of the myocardial infarct in its subacute phase

4.5 Conclusions

In summary, we have shown that DE-MRI using Gd(ABE-DTTA) differentiates with high sensitivity and specificity between acute and 2-week-old (subacute) MI as it does between acute and 4-week old (late subacute) MI, in a reperfused, canine, single MI model. The infarct affinity of Gd(ABE-DTTA) vanishes as early as the subacute phase of scar healing.

This feature of Gd(ABE-DTTA) may become a reliable tool in several clinical situations, assuming the agent’s approval for human application.
5 DOBUTAMINE STRESS CARDIOVASCULAR MAGNETIC RESONANCE IMAGING IN PATIENTS WITH PERIPHERAL ARTERY DISEASE

5.1 Introduction

Due to the systemic nature of the atherosclerosis and because of the typical existence of multiplex lesions, patients with peripheral arterial disease often have coronary heart disease, as well. Therefore, the risk of coronary events is high. Also very serious coronary artery disease can remain often asymptomatic because of the physical disability of the patient with PAD. The cardiology assessment of patients with PAD would be of great importance even if they do not have cardiac symptoms. However, their examination with conventional noninvasive cardiac tests is usually not possible or significantly limited.

Dobutamine stress MRI (DSMRI) which has grown to a clinically established test in the last two decades is able to identify patients with high risk for cardiac mortality and myocardial infarct. The role of DSMRI, however, is unknown to date in this patient population either from Hungarian or from international scientific literature. The aim of this study was to survey the safety and feasibility of DSMRI for the cardiac assessment of patients with PAD.

5.2 Patients and methods

5.2.1 Patients

21 patients (4 females, 17 males; mean ± SD age 64 ± 7.7 years) were enrolled after giving written informed consent. The patients were treated by the Flór Ferenc Hospital of Pest County because of PAD (ankle-brachial index 0.54 ± 0.18).

5.2.2 MRI

Systolic/diastolic blood pressure and heart rate were measured and documented. DSMRI was implemented in a group of the patients on a Vision Plus 1.5 T MRI scanner (Siemens, Erlangen Germany). The rest of patients was examined on a Signa Excite 1.5 T scanner (General Electric Healthcare, Milwaukee, USA).

The three typical planes (4 chamber, 3 chamber, 2 chamber views) were setup and cine images were acquired. For that purpose, gradient echo sequence was used for Vision Plus with these technical parameters: spatial resolution of $1.6 \times 1.6 \times 8 \text{ mm}^3$, repetition time (TR) of 80 ms, echo time (TE) of 4.8 ms, flip angle of 20°. Cine MRI on Signa Excite was implemented by Fiesta.
sequence: spatial resolution of $1.6 \times 1.6 \times 8 \text{ mm}^3$, TR of 3.57 ms, TE of 1.58 ms, flip angle of 50°. Three short axis (basal, midventricular, apical) planes and at least one of the long axis planes were selected for further imaging. Dobutamine hydrochloride was administered intravenously by a digital injector in doses of 10, 20, 30, and 40 µg/kg/min. New or worsened wall motion abnormalities were continuously monitored. If segmental wall motion abnormalities were detected in rest, the stress was started at dose of 5 µg/kg/min of Dobutamine. In case of the lack of other reasons, the administration of Dobutamine was terminated if the age predicted target heart rate was reached. This was calculated by the formula of $(220\text{-age}) \times 0.85$. If the target heart rate was not attained, additional intravenous Atropine boluses were given in 0.25 mg fractions in every 60 seconds up to 1 mg.

During stress, cine images were acquired using the aforementioned MRI sequences. Three short axis (basal, midventricular, apical) planes and at least one of the long axis planes were setup, the very same planes selected for the imaging in rest. ECG and the symptoms were continuously monitored and documented while the blood pressure and heart rate were recorded. Standard termination criteria were used. The stress was followed by rest phase acquiring further cine images.

5.3  **Image analysis**

MRI images were analysed independently by two experienced cardiologists having European CMR accreditation who were blinded to the clinical data of the patients. Wall motion abnormalities were assessed applying standardized scoring system (1=normokinetic 2=hypokinetic 3= akinetic 4= dyskinetic) and the 17-segment model of the American Heart Association. Reversible ischemia was defined as new wall-motion abnormality (increase of wall motion score) or bifasic response in segments with resting wall-motion abnormalities (increase of wall motion abnormality followed by re-decrease) appearing in $\geq 1$ segment. The quality of images was rated on a 4-point scale based on the visibility of the endocardial border (1=poor or nondiagnostic; 2= partially or moderately visible; 3=good visibility; 4=excellently visible).

5.3.1  **Statistical analysis**

Interobserver agreement for the assessment of wall motion abnormalities was determined by kappa test. Kruskal-Wallis analysis of variance for nonparametric variables was used for the analysis of the difference of median image quality scores between different anatomical regions.
The statistical difference between median image quality scores at rest or during stress was evaluated by Wilcoxon signed-rank test.

5.4 Results

5.4.1 Study group
The Dobutamine stress was terminated in 20 patients (95.2%) when the target heart rate was attained. 2 patients needed additional 1 mg Atropine (0.25 mg bolus per minute) administration in order to attain the target heart rate. 11 patients (52.4%) did not have any symptoms during stress. One patient (4.8%) developed a typical, but not severe angina pectoris. Mild chest discomfort showed up in four (19.0%), tachypnoe in one (4.8%), flush and itch of the skin in one (4.8%), palpitation in two (9.5%) studies. Tree patients (14.3%) had a couple of isolated ventricular premature beats. Malignant ventricular rhythm disturbances, hemodynamic instability, serious angina or any other severe adverse event did not occur. 5 patients (23.8%) have an inducible wall motion abnormality during Dobutamine stress.

5.4.2 Wall motion abnormalities and image quality
The interobserver agreement for the assessment of wall motion abnormalities was $\kappa = 0.87$ ($p<0.0001$). Median image quality score for all anatomical localizations was high (4 [4-4]) on the 4-point scale at rest or during stress. The apex (segment 17) has relatively the worth median image quality at rest (4 [3-4]), while all other segments have 4 [4-4]. Despite of that, the median image quality did not change significantly between different anatomical localizations ($p=NS$). There was no statistical difference ($p=NS$) between image quality of four anatomical regions (anterior, lateral, inferior, and septal) at rest or during stress, either.

5.5 Discussion
To date, it has not been published any original papers concerning the feasibility and safety of Dobutamine stress MRI for the cardiac assessment of patients with PAD having high risk for cardiovascular morbidity and mortality. Side effects during stress in current study could be regarded to be negligible. A favorable ratio was also attained in the sense of age- predicted target heart rate during Dobutamine-atropine stress (95.2%). The high median quality scores of the acquired images, the uniformity of the image quality scores of different anatomical regions and that of cine images acquired at rest versus during test equally show the feasibility of Dobutamine...
stress MRI in the studied population of patients. It has also been shown in this study that 
Dobutamine stress MRI provides excellent interobserver agreement for the assessment of wall 
motion abnormalities in patients with PAD which probably could be linked to the high image 
quality of the cine CMR images.

5.6 Conclusion

The results of this study show that Dobutamine stress MRI for the noninvasive cardiac 
assessment of patients with PAD safe and feasible method.

6 NOVEL FINDINGS

In the first study we have proven that Delayed enhancement MRI with separate administrations 
of standard extracellular contrast agent, Gd(DTPA), and a new low molecular weight contrast 
agent, Gd(ABE-DTTA), differentiates between acute and late subacute infarct in a reperfused, 
double infarct, canine model. It has also been shown that Gd(ABE-DTTA) induces 
approximately the same SIE in acute infarcts as Gd(DTPA) does.

In the second study we have shown Gd(ABE-DTTA) differentiates similarly between acute and 
2-week-old MI as it does between acute and 4-week old MI using DE-MRI in a reperfused, 
single myocardial infarct, canine model. Thus it is evident that the infarct affinity of Gd(ABE-
DTTA) disappears already in the subacute phase of scar healing, allowing the use of this agent 
for infarct age differentiation early on, immediately following the acute phase. The sensitivity 
and specificity of the method is high. This study confirms the agent’s ability to differentiate 
acute and older myocardial infarcts also in a different experimental study design. Conventional 
T2w imaging highlights the infarcts and the segments supplied by the infarct-related artery 
(“area at risk”) similarly in the acute, subacute and late subacute phase, i.e. we have also 
demonstrated that T2w imaging is not able to distinguish among these different phases of the 
myocardial infarct healing during the time window the study uses while Gd(ABE-DTTA) does.

In the third study we have shown that Dobutamine stress MRI for the noninvasive cardiac 
assessment of patients with PAD is a safe and feasible method.
7 PUBLICATIONS

7.1 Peer reviewed original research publications related to this thesis


7.2 Review article publication (peer reviewed) related to this thesis


7.3 Review article publication related to this thesis


7.4 Citable peer reviewed research presentations/abstracts related to this thesis


7.5 **Peer reviewed research presentations/abstracts related to this thesis**


7.6 **Original peer reviewed publications not related to this thesis**


7.7 **Citable peer reviewed presentations/abstracts**


ACKNOWLEDGEMENT

I’m thankful to my family for their love, help, patience, perseverance and empathy.

I wish to acknowledge the support and help to my teachers, friends and associates:

Simor Tamás, MD, PhD
Gabriel A Elgavish, PhD
Róth Erzsébet, MD, DSc
Varga-Szemes Ákos, MD
Merkely Béla, MD, DSc
Kiss Pál, MD, PhD
Surányi Pál, MD, PhD
Ruzsics Balázs, MD, PhD
Tóth Attila, MD
Tóth Csaba
Silvio Litovsky, MD
Vincent B. Ho, MD, FAHA
Brigitta C. Brott, MD
Pécsvárady Zsolt, MD, PhD
Tóth Levente, MD
Kiss Krisztían, MD
Dezhi Wang, MD