



**REQUIREMENTS OF THE SUMMER PRACTICE  
IN HOSPITAL CARE  
(3 weeks, 30 hours/week)**

It comprises 30 hours a week including one night duty. The students are expected to complete this practice in an adult in-patient care unit where they may attend *both a department of Internal Medicine and a department in a manual field* (e.g. Surgery, Urology, ENT, Obstetrics and Gynaecology, Paediatrics).

Skills for practice and acquisition:

Making the bed after a patient is sent home, do bedside wash and disinfecting. Making empty beds. Making the bed and changing the bed linen under immobilised patients who may be turned on their sides. Admitting patients on the ward, registering data on pathological and temperature charts, measuring weight and height, taking the blood pressure, the pulse and (rectal and axillary) temperature, and breathing counting. Washing immobilised patients who may be turned on their sides, do mouth and nail care, combing of hair, and prevention and treatment of decubitus.

Use of disinfectants. Cleaning and disinfecting bed pans, urine glasses and spitting cups.

Assisting when meals are sorted out, and helping to feed light bed patients. Diets and their registration. Assisting when seating the patients, when placing them on a stretcher or in a wheel chair, when dressing and undressing patients.

Participating in medical ward rounds. Report on changes and their evaluation.

Assisting when sorting out medications. Preparations for taking blood pressure. Preparation of needles, syringes and instruments i.e. duodenal probes, rectal probes and catheters for sterilisation and carrying out the procedure itself. Application of syringes. Practising resorption with syringe. Preparation of and assistance in infusion injections and transfusions.

Assisting the preparation and the sending of examination material to the laboratory. Filling out supplementary charts. Preparation of and assistance in catheterisation (male and female). Everyday assistance in the ward's laboratory. Practising urine testing. Preparation of and assistance in surgical dressings.

Doing staff assistant duties on acute patient's arrival. The students are expected to learn about the structure of hospital work management. Introduction to certain wards, e.g. outpatient departments, X-ray departments. Familiarisation with the basics of safety procedures, ward equipment, schedules and hierarchy of duties.

**CERTIFICATION**

This is to verify that Mr/Ms .....  
fulfilled all the requirements stated above.

Name of the hospital/clinic: .....

Date of attendance: from ..... to .....

Name and signature of the supervisor: .....

Date of certification: .....

Seal of the hospital/clinic: