

ERASMUS- REPORT

Name:	Limmer, Jonas
Specialization, class:	Medical Student
Academic year:	2018/19
Country and City of destination:	Germany, Mainz
Receiving Institution:	Johannes-Gutenberg University of Mainz

I feel glad to write this short report about the last 7 months, which i spent in Mainz, Germany. The first time i ever heard about the ERASMUS-program, was at my hometown university in Pécs. At one day i meet a guy from germany, who told me, he joined the ERASMUS to discover new countrys and different cities. A few years later, when i had to choose where to do my practical year of medicine studies, i remembered this guy.

Why did i choose Germany? First of all i have to say, not every country or every city is accredited by my hosting University. But the most of the big cities in Germany they are. The second idea, was of course the language. I am a native speaker in german, so i thought this would be very comfortable for me during the stay. And why did i choose Mainz? Before may Erasmus-period i have never been in Mainz. But it talked to the coordinator at my university and she gave me some advise about the frindeship-universitys, which mainz is one oft hem.

Once i did my selection then the application phase came which was undoubtedly very well organized by the International Student Office who is responsible for the task. I was provided with the list of requirements very well in time and hence i had enough time to manage the required documents to complete the application package.

After that i had to find an accommodation. My host university gave me the option to stay at the dormitory as well as offered help in finding a private accommodation. Because i want to have some more space and freedom, i choose a private accomodation. The apartement

was directly in the inner circle of the city, so I could reach almost everything by foot. I had a one-room apartment with a small kitchen and of course a bathroom for myself, so it was very comfortable to me, and I would choose this option definitely again.

As mentioned that my main reason of selecting the University of Mainz for Erasmus was the academics was the courses offered there. There were lots of courses offered which I could register for. There were some courses in English as well, especially for Erasmus students like me. But because of my German language skills I registered just for courses in German. Because of that I get the German curriculum for foreigners, which is usually a little bit harder, than the curriculum for external students. But I learned a lot, so the effort was worth everything. The doctors and supervisors were very kind and tried to teach me every day. The working atmosphere at the University hospital Mainz was very friendly and professional.



The costs of living in Mainz are the same as living in Budapest. You have to pay a lot more for your accommodation (if you choose a private one) than in other cities of Germany, but the prices for food and dining are less. Traveling by bus and train is totally free with your student semester ticket, which you have to buy with your registration. The inner city of Mainz is very beautiful with a lot of buildings of the 17th century. A lot of small cafés or restaurants where you can sit in the sun, talk to friends and have a nice cup of coffee. My favorite place is the beach-area next to the big river called „Rhein“. It is amazing to hang out in a sunlounger, having a cocktail and watch the amazing sunset as you can see on the picture.

The city of Mainz is very central located in Germany, so you could reach a lot of interesting points in Germany or the next located countries like France, Belgium, Luxembourg or Netherlands. If you plan to travel by train a lot, it is definitely worth an investment to buy BC25 ticket, which gives 25% discount for all train trips in Germany. I recommend to travel a lot especially at the beginning of the semester as there is not much pressure from exams. The cost and time investment is much lower than when travelling from Hungary.

This was my first student exchange and I definitely recommend it as an experience for everyone. You get to know people from different cultures, make new friends and get lots of new life experiences. The methods of teaching at Mainz were very professional and on the actual state of research. Finally, I recommend to make full use of the beginning of the semester as there is very little to do at that time. At the end of the semester you will be busy with the exams.