

Master / Specialization on Tradicional Chinese Medicine

2012 -2013

The teaching of Traditional Chinese Medicine (TCM) is based on an integrative and scientific perspective in order to demystify taking advantage of the eastern knowledge accumulated over millennia. The program emphasizes the logics between TCM and western medical and natural sciences. According to the model of Heidelberg, the diagnosis of MTC can be understood as an assessment of vegetative and skeletal-muscle functions of the body. The appropriate therapy is based on a process triggered by reflexology, acupuncture, tuina, moxibustion, dietary, chinese phytopharmacology, biofeedback exercises of Qi Gong. This model attempts to restore the entire energy and neuro-vegetative balance in the whole body.

Master / Specialization Conditions in TCM

The master course of Traditional Chinese Medicine (TCM) has the main goal to prepare professionals and end-students from medicine, health and life science field, adjusting the classic TCM concepts, based on the Heidelberg Model, to the logical, critic and scientific knowledge of the conventional medicine.

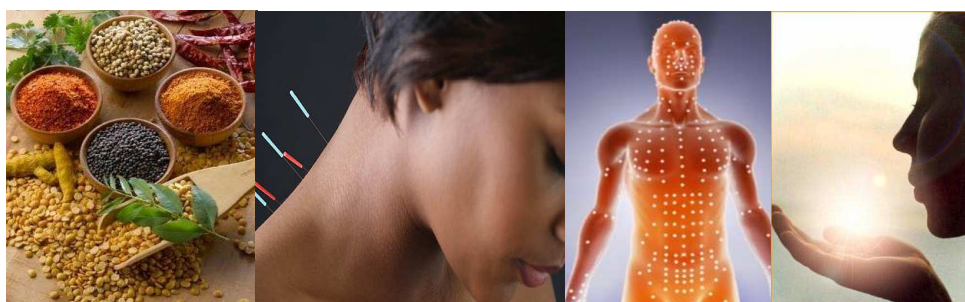
The TCM learning should develop at four levels: *level 1* - terminology and main basic concepts on TCM concerning diagnose theory, therapy and clinic strategies; *level 2* – advance and supervised clinic training on diagnose, acupuncture, manual techniques (tuina) and respiratory exercises (Qi gong) and pharmacotherapy and dietetic theory; *level 3* – clinic instruction and practical sessions tutored and clinic cases discussion; *level 4* – research work presented under scientific monograph (only in the case for a master degree).

To have access to this course the students must have: a degree in medicine, dental medicine, veterinary, psychology, physiotherapy, nursing, pharmacy, occupational therapy or other holders of degree or legal equivalent in areas of health, life sciences or sport provided with a curriculum that demonstrate adequate scientific preparation for the course.

Requirements of Programmes

1 - To obtain the *TCM Specialization Diploma*, the student must first complete the curricular part with positive rating relatively to frequencies, home works, reports on clinic cases, tutorial work and final exams, corresponding to 70 ECTS, in total.

2 - To obtain the *TCM Master Diploma*, the students have additionally to accomplish the master thesis, composed by a bibliography research, or scientific project proposal or practical research work in the field of the course. The final thesis work must be presented under the written and oral forms in order to obtain the additional 50 ECTS.



Candidates: Degree / Masters in the area of Medical Sciences, Health and Life

Applications: From 11th July to 13th July of 2012

Candidates Selection: until 25th July of 2012

CV: Academic qualifications, professional training and experience

Registration: From 30th July to 10th August of 2012

Beginning: 21st September of 2012

Schedule: Post-labor, mostly at weekends

Fees: Specialization 3.000 €; Master – 3.500 €

Vacancies: Specialization - 35; Master - 15

Time: Specialization - 3 semesters; Master - 4 semesters

Local: ICBAS – Universidade do Porto

Partnerships: Clinical School of Heidelberg; Instituto de Neurociências, Porto;
 HanseMerkur TCM Centre-University Clinics of Hamburg Eppendorf;
 Cardiovascular Centre, Römstedter; Dept.Gynecology, Heidelberg Univ.;
 Shanghai Research Center of Acupuncture and Meridian

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