



# *Types and indications of blood products*

Rudiments of Blood Transfusion  
for IV. grade medical students

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[www.ovsz.hu](http://www.ovsz.hu)

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## **The meaning of the word transfusion**

**trans** (lat.) trans, through, across, over

**fusio** (lat.) pouring, merger, association,  
fusion, assimilation

**Transfusion** - blood transfusion from  
one person to another



# Why do we need blood transfusions?



## The physiological role of blood!

Absence  
Function impairment  
Dilution

It should be substituted

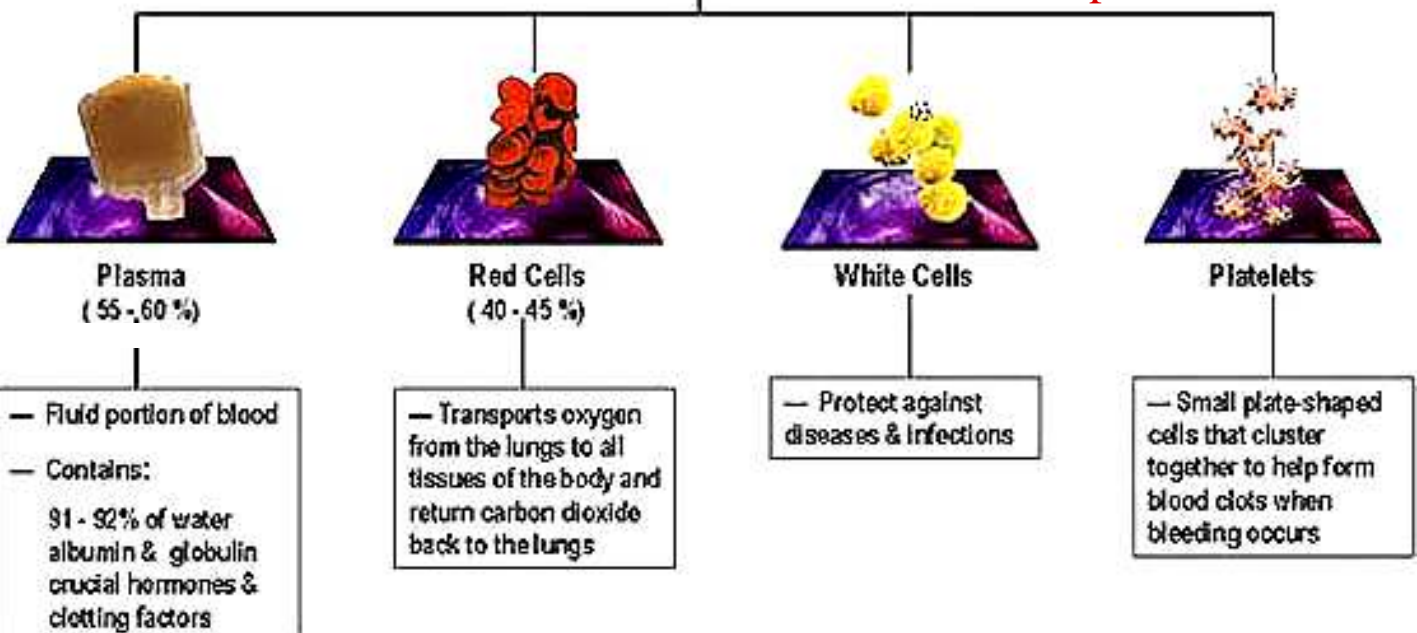


## The function of blood



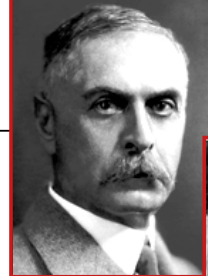
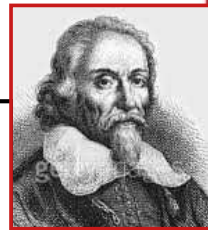
Blood

Stem cell | bone-marrow transplantation



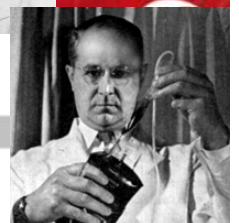
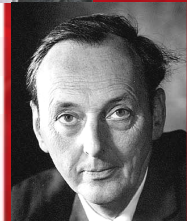
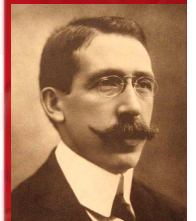
## First steps of blood transfusion

1628	English physician <b>William Harvey</b> described the functions of the heart and the <b>circulation of Blood</b> .
1667	<b>Jean-Baptiste Denis</b> in France reported successful transfusions from <b>sheep to humans</b> .
1814	<b>James Blundell</b> performed the first successful <b>transfusion from human to human</b> .
1901	<b>Karl Landsteiner</b> , an Austrian physician, discovers the first three human <b>blood groups ABO</b>
1940	The <b>Rh blood group</b> system was discovered by <b>Karl Landsteiner and Alexander Wiener</b>



## MILESTONES IN BLOOD PRESERVATION HISTORY

1914	<b>Albert Hustin and Luis Agote</b> using <b>citrate</b> kept blood for 48 hours in the liquid state
1933	<b>Max M. Strumia</b> developed <b>frozen storage of plasma</b>
1943	<b>John F. Loutit and Patrick L. Mollison</b> : introduction of <b>acid – citrate - dextrose</b> preservative, the still used method in blood preservation
1951	<b>deep freezing of red blood cells</b> was developed - <b>Audrey Smith</b> reports the use of glycerol cryoprotectant for red blood cells
1950	<b>Carl Walter</b> inventioned <b>first plastic blood bag</b>
1963	<b>closed blood bag systems</b> has made possible to ensure the sterility - introducing of it safer blood products manufacturing and storage became possible
1973	(In Hungary, it was introduced from 1984.)



# BLOOD PRESERVATION

Blood preservation is called the procedures that allow the blood viable without damage to the biological condition to be kept in a sterile condition.

**Aim:** the transfused blood in the patient's body remain **viable**

**Types:** 1. use of blood preservative solutions  
2. deep freezing



## RBC metabolism

Substrate is **glucose**



**Aerob glycolysis 10%**

- ribose-5-phosphate – nucleotide synthesis

**Anaerob glycolysis 90% - ATP excess**

- 2,3-diphospho glicerate shunt

oxygen to tissue

- ion transport

high K<sup>+</sup> level in RBCs

- cell membrane integrity

osmotic resistance

- lactate – pH ↓ -

damage of RBC metabolism



## I-1. CPD PRESERVATIVE SOLUTION FOR BLOOD

**Storage time** : 28 days

glucosum pro inf.	25,5 g
natrium citricum	26,3 g
acidum citricum	3,27 g
natrium phosphoricum acidum	2,22 g
aqua destillata	ad 1000 cm <sup>3</sup>
<b>Ratio: 1 : 6</b> 63ml CPD + <b>450ml</b> blood 1 U	

## 2. Additive Solution / ADSOL /

**Storage time: 35 days**

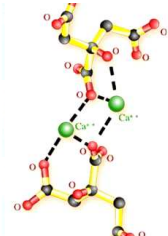
dextrose	111,0 mM/l
<b>adenine</b>	2,0 mM/l
mannitol	41,2 mM/l
natrium clorid	154,0 mM/l

Na- **C**itrate anticoagulant      Acid. **citr.** pH  
**P**hosphate      ATP production, pH      **mannitol** RBC membrane integrity  
**D**extrose      substrate  
**A**denine      red blood cell regeneration

## 3. HEPARINE

**Only anticoagulant effect:** antithrombin cofactor

**Storage time:** max . 6-8 hours



## II. DEEP FREEZING (CRYOPRESERVATION OF RED CELLS)

**PRODUCTION:** within 24 hours from fresh blood

**STORAGE:** for years

**TYPES:** 1. SLOW FREEZING:

Temperature: -80 - -90 C° Freezing time: 7 - 8 hours

2. RAPID or ULTRARAPID FREEZING:

Temperature: - 196 C° Freezing time: 1 - 3 minutes

**CRYOPROTECTIVE AGENTS:** glycerine, DMSO

**Type of PRODUCT:** repeatedly washed blood product

**Quality:** RBC-s K<sup>+</sup>, ATP and 2,3 DPG levels similar to fresh blood

**ADVANTAGE:** - long term storage of blood or autolog blood before surgery or transplantation  
- reduction in transmission of the virus and leukocytes  
- decreased risk of immunization

**DISADVANTAGE:** - high RBC loss / short storage time after washing



## **STORAGE OF BLOOD PRODUCTS**

1. Storage times depends on: 1. storage **temperature**
2. blood **preservative** solution

CPD - adenine preservative solution

<b>Storage temperature</b>	<b>Blood product</b>	<b>Storage time</b>	
<b>+ 22 °C</b>	Platelets	5 days	
	Granulocytes	24 hours	
<b>+ 4 °C</b>	Red blood cells	35 days	
	RBC washed	24 – 48 hours	
	RBC irradiated	14 days	
<b>- 18 -25 °C</b>	<b>FFP</b>	3 months	
<b>under - 30 °C</b>	<b>FFP</b>	2 years	
- 30 °C	RBC frozen	1 year	}
- 80 °C	PLT, RBC	2 years	
- 196 °C	RBC, PLT, FFP	> 10 years	

**Not in routine practice**



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**Sterile conditions for blood collection and preparation! Quality control !**

### Right blood storage:

Components storage on optimal temperature  
(+20°C, +4°C, -30°C)

**Under continuously controlled standard conditions ensuring the sterility of the preparation is done!**



+ 4 °C



+ 20 °C

There is no single optimum method for all blood components.



- 30 °C

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# CHANGES IN QUALITY INDICATORS OF CPD-adenin BLOOD DURING STORAGE

## I. Essential components reduced:

**FROM 10. DAYS** - ↓

1. **ATP** content of red cells
2. **2,3-DPG** content of red cells

*oxygen transport !*  
massive transfusion  
neonatal blood exchange  
cardiopulmonary diseases

**PROGRESSIVELY** -↓

3. lifetime of **cellular components** / granulocyte, thrombocyte  
red blood cell /
4. labile **anticoagulant factors** / VIII, V /

**NOT CONTAINS** -

5. **Ca ions**- citrate effect *tetany!*  
(larger amounts of plasma transfusion)



## II. Toxic substances get into into the plasma:

**FROM 5-6. DAYS** -

1. **K<sup>+</sup>** efflux from RBC / approx. 1 mmol/day /  
risk of potassium *intoxication!* Kidney insufficiency  
Newborns

**FROM 7. DAYS** -

2. rising of **ammonia** level  
risk of *intoxication !* Severe liver damage

**PROGRESSIVELY** increase

3. **microaggregates** - filtration !
4. free **Hb** - < 43g/U



## Criteria for RBC concentrate:

Administered RBCs on the last day of storage should be detectable in the circulation of patients after 24 hours of 70-75%.

This is ensured if the red blood cell ATP content is 40-45% of baseline.

**Preserved red blood cells can be detected in the circulation for 100 days.** Elimination of them is 1% / day.

**Decreased in vivo survival:**

- auto-/isoimmun hemolysis
- fever - increased RBC destruction
- splenomegaly
- aplastic anemia

**Normal RBC survival but no Hb increase :**

- severe bleeding



## **Preparation of blood components**

**Whole blood** – raw material for the manufacture ( 450 ml -CPD 1:6)

**1 U** = blood component volume prepared of one blood collection bag

**Plasma** – albumin, globulin, coagulation factors etc.

### **1. Blood components**

Composition

Buffy coat layer comprising White Cells and Platelets

Red Cells

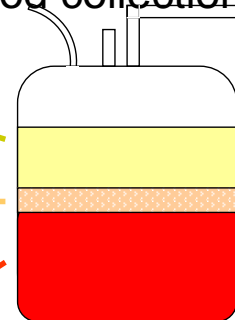


Boundary layer ( buffy coat )

**Platelet concentrate**

White blood cell concentrate

**Red blood cell concentrate**

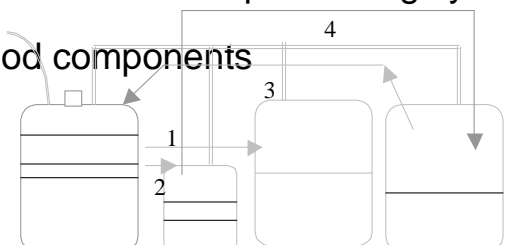


### **2. Blood separation**

**Differential centrifugation** – specific weigh difference – closed plastic bag system

**Apheresis** – instrumental method of obtaining blood components

**Autotransfusion** – preparation of whole blood or blood components





# Types of blood components

**Basic components:** RBC, PLT, Plasma

**Special components:** washed, filtered, irradiated basic components or their combinations

## Unstable blood components

**Non virus inactivated**

**basic and special types of**

**red blood cell concentrates**

**platelet concentrates**

**white blood cell concentrate**

**some plasma products - FFP /fresh frozen plasma/,**

cryoprecipitate/cryosupernatant

**hemopoetic stem cell** - autologous or allogeneic

## Stable blood components

**Virus inactivated**

**Plasma fractions prepared from human plasma pool**

albumin solutions

immunoglobulins

clotting factors

other isolated plasma fractions or their combinations

haemopoietic growth factors /rHu Epo, rHu IL-3, rHu IL-6, GM-CSF/



## **I. WHOLE BLOOD AND THEIR INDICATIONS**

### **Raw material**

	Preservative	Storage temperature	Storage time
I.	<b>1.CPD</b>	+4 C°	<b>28 day</b>
	<b>2. CPD-A</b>	+4 C°	<b>35 day</b>



Red blood cell preservation

**EFFECT:** 1. volume replacement

2. restoration of oxygen-carrying capacity

Similar effect can be achieved! - **RBC. conc. + FFP and/or albumin**

**INDICATION:** *very limited*

1. **acute blood loss** (the loss of 30-40 % the total blood volume, or the amount of the circulating blood volume within 24 hours) /massive transfusion > 10U blood /

2. **exchange transfusions**

3. **emergency conditions**, when there is no other option



## 2. EXCHANGE TRANSFUSIONS

### I. **ADULT** EXCHANGE TRANSFUSIONS

1. severe acute **liver failure**
2. **poisoning** / mushrooms, CO, chemicals /

### II. **NEONATAL** EXCHANGE TRANSFUSIONS

**a. partial:** 1. rapid correction of **severe anemia**

2. **hyperviscosity** induced polycythemia

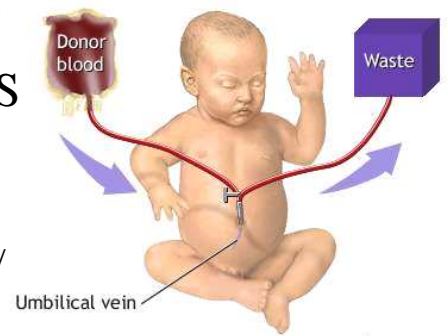
**b. total :** 1. haemolytic disease of newborn / **HDN** /

2. severe **RDS**

3. **DIC**

4. **harmful substances** transferred from the maternal circulation to the fetus /toxic substances, pharmaceuticals, antibodies/

5. **haemolytic crisis** of sickle cell anaemia



### **BLOOD PRODUCT FOR TRANSFUSION:**

RBC under 7 days old

The blood **chrossmatch** have to be performed on the **mother's serum** also up to 4 moths of age

**AMOUNT:** 180 - 200 ml /kgBW



### **Complications due to the white blood cell and platelet content of blood products:**

1. *febrile nonhemolytic transfusion reactions*
2. *HLA alloimmunisation*
3. *GVHD /irradiation! /*
4. *mikroaggregate transmission /RDS, pyrogens .../*
5. *virus transmission*

**Buffy coat removing**

### **White blood cell (WBC) content of blood products**

**filtered (leucocyte reduced) RBC concentrate**

$< 1 \times 10^6$

whole blood

$2 - 3 \times 10^9$

**RBC concentrate -resuspended buffy coat free**

$1-5 \times 10^8$

plasma

$2 \times 10^7$

platelet concentrate

$0,5 \times 10^8$

### **WBC removal methods**

**WBC removal rate**

- **spin and buffy coat removal** ~ 80%
- **wash – physiological saline – plasma removal** ~ 70 - 90%
- **filtration - special filter /d = 40µ / WBC maximum removal of 99,995%**



## II. RED BLOOD CELL CONCENTRATE (packed RBC)

Preservative	Storage temperature	Storage time
CPD + adenin	+4 C°	35 day

**HEMATOCRIT:** 55 - 65 %    **VOLUME :**    ~ 200 ml

**EFFECT:**                    **restoring oxygen carrying capacity**

**ADMINISTRATION:** in normovolemia 1E / 3/4 - 1 hours  
in hypovolemia it depends on the patient's circulation and volume

**INDICATIONS:**    **anemic conditions with hypoxia**  
/ **symptoms: tachycardia, dyspnoea, cyanosis /**

*Explain the cause of anaemia ! Patients must be cured, not the lab. findings!*  
*acut blood loss - at 20 % Htc (90 Hb) is vital indication*

*With chronic anaemias there is compensation - **clinical picture ! Hb 70g/l***

### **CONTRAINDICATIONS:**

- drug-treatable deficiency anaemia / Fe, folic acid, B<sub>12</sub> /
- renal failure - eritropoetin / second choice -transfusion /
- AIHA - primarily steroid /tr. only in **case of vital indication/**
- physiological anaemia of newborn- and premature infant



## III. WASHED RBC CONCENTRATE

**Aim: removal of plasma**

Resuspension solution	Storage temperature	Storage time
SAGM or salin(0,9%)	+4C°	48 or 24 hours

protein content: minimal 0.3 g

**HEMATOCRIT:** < 70%    **VOLUME:**                    150 ml

**EFFECT:**    **restoration of oxygen-carrying capacity**

**ADMINISTRATION:** depends on patient's syndromes and circulation  
Continuous monitoring is required.

**INDICATIONS:** 1 sensitivity to plasma proteins  
/ anaphylaxis /  
2. IgA deficient patients

(3. PNH / removal of complement factors! /)



## **IV. FROZEN RBC CONCENTRATE** *Several times washed Product*

Preservative	Storage temperature	Storage time
CPD, glycerol Volume: ~ 200ml Content: minimal WBC and plasma protein	- 30, -80, -196 °C  + 4 °C	6 month, 1-2 years unlimited after thawing and washing: 24 hours

for allogeneic or autologous transfusion

**INDICATIONS:** alloimmunization to many common RBC antigens

**DISADVANTAGE:** expensive, high red blood cell loss

**ADVANTAGE:** less risk of infection and immunogenic effect  
long-term storage

### Advantages of packed RBC compared with whole blood:

1. much smaller volume
2. low plasma protein content
3. low citrate, K<sup>+</sup>, Na<sup>+</sup>, and NH<sub>3</sub> content
4. low WBC and platelet content



## **V. PLATELET, WBC DEPLETED, FILTERED PACKED RBC**

/ 4 log filter / **WBC content of 1 U RBC conc. : 1 - 2 x 10<sup>9</sup>/U**

Preservative	Storage temperature	Storage time	Filtration
CPD-A	+4°C	35 nap	within 48 hours

**WBC CONTENT: 1-2 x 10<sup>5</sup> / U**

**EFFECT:** restoration of oxygen-carrying capacity

**INDICATIONS:** prophylaxis of complications due to WBC and platelet content of RBC products

- 1 prevention of HLA **alloimmunization** / 5 x 10<sup>6</sup> WBC /
  - 2 prevention of **febrile non haemolytic transfusion reaction** / 5 x 10<sup>8</sup> WBC /
  - 3 avoidance **ARDS** / **microaggregates** - platelet+WBC+fibrine- 40 - 170 μ /
  - 4 reduction **virus transmission** / **CMV !** - 1 x 10<sup>7</sup> WBC/
  - 5 **intrauterine- or perinatal** transfusions
- avoidance **GVHD** – *only with irradiation\* !* / 1x10<sup>4</sup> WBC /



**Currently this is the safest RBC product**

## Blood donation with apheresis

The apheresis RBC is leucodepleted blood product



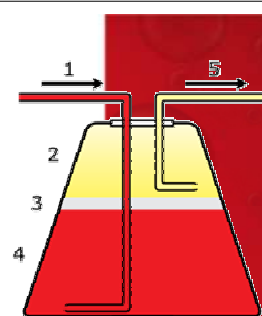
0.9% sodium chloride

filter

ADSOL™ Red Cell Preservation Solution

ACD-A anticoagulant

Alyx Machine – machine used for **double red cell donation**



Whole blood enters the centrifuge (1) and separates into plasma (2), leukocytes (3), and erythrocytes (4). Selected components are then drawn off (5).



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## IRRADIATION OF BLOOD PRODUCTS

- **Aim:** immunologically competent lymphocyte proliferation inhibition

prophylaxis of GVDH  $>10^4$  WBC

**GVHD (graft versus host disease):** caused by donor lymphocytes in immunodeficient states of recipient

therapy: irradiating of blood products (RBC, PLT, plasma)

- **Source of radiation:**  $\gamma$ -ray /  $Cs^{137}$ ,  $Co^{60}$
- **Dose:** 2500 - 4000 rads

**Storage time:** 14 days, for neonates 48 hours

### INDICATIONS:

- congenital or acquired immunosuppression conditions
- **blood transfusion of relatives**



## ***VI. AUTOTRANSFUSION***

### **TRANSFUSION OF THEIR OWN BLOOD**

**USED:** from 12 to 70 years  
donor eligibility criteria  
pregnancy is not reason for refusal  
iron supplementation

**FORMS:** 1. preoperative blood collection / 2- 5 U /  
2. preoperative haemodilution /better tissue oxygenation/  
3. intraoperative blood salvage / cell savers /  
4. postoperative blood salvage

#### **ADVANTAGES:**

1. decreased risk of infection and immunization
2. better tissue oxygenation / HTC 30% / - hemodilution
3. sparing of blood products

#### **CONTRAINDICATIONS:**

1. not correct cardiac or haematological status of patient's
2. the blood transfusions are not suitable for the patient / tumor, infection /



## ***VII. HEMATOPOIETIC STEM CELL TRANSFUSION / TRANSPLANTATION***

### **BONE MARROW TRANSPLANTATION**

**Allogenic or autologous**

#### **HARVESTING OF STEM CELLS FROM:**

1. crista
2. **periferal blood with apheresis**
3. umbilical cord blood
4. fetal liver

Enrichment and freezing of stem cells



## **REQUIREMENTS FOR ADMINISTRATION OF BLOOD PRODUCTS CONTAINING RED BLOOD CELLS**

- **ABO and Rh D GROUP IDENTICAL BLOOD TO RECIPIENT SHOULD BE ADMINISTERED IF IT POSSIBLE UNLESS OTHERWISE SEROLOGICAL PROPOSAL /e.g.: exchange transfusion, irregular antibodies/**
- **ABO COMPATIBILITY IS MANDATORY**
- **REQUIRED PRETRANSFUSION TESTING:**
  1. **ABO and RhD grouping of patient and blood to be administered**
  2. **crossmatch is performed by Blood Bank if recommended**

**THE PLETHORA INHIBITS, THE ANAEMIA STIMULATES THE ERYTHROPOESIS.**

**Should never be increase Hb concentration with transfusion to literary value.**



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## **THE AMOUNT OF BLOOD TO BE ADMINISTERED:**

$$\text{blood volume /ml/} = \frac{\text{TBV /ml/kg/} \times \text{Hb}_2 - \text{Hb}_1 \text{ / g/l}}{\text{blood product Hb g/l}}$$

TBV = total blood volume = circulating blood volume x body weight  
/adult-70 ml/kg, neonate-90 ml/kg, immature new-born-100ml/kg/

Hb<sub>1</sub> = Hb patient's prior to transfusion

Hb<sub>2</sub> = Hb concentration desired after transfusion

**Hb concentration of blood products:** (whole blood - 120 g/l)

RBC concentrate - 220 g/l

washed RBC concentrate - 300g/l

**E.g.:** 70 kg patient's Hb of 80g/l to 120g/l was rised

$$\frac{70 \times 70 \times 40}{100} = 120$$

220 or 300 (depending of blood product)

**890 ml packed RBC** ~ 4U

650 ml washed RBC c. ~ 4U

**Whole blood administration is contraindicated in normovolemia!**



## VIII. PLATELET CONCENTRATE

2.

Platelet transfusion

<b>TYPES:</b>	
1. Random donor platelet concentrate /4 pooled donor /	2. Apheresis single donor
<b>VOLUME:</b> 50 - 70 ml/U	200 - 500 ml/ apheresis
<b>PLT CONTENT:</b> 0,5-1,0 x 10 <sup>11</sup> /U	2,0-6,0 x 10 <sup>11</sup> /l/apheresis
<b>RBC CONTENT:</b> 0,5- 6,0 /100 PLT	small
<b>WBC CONTENT:</b> 1 x 10 <sup>6</sup> - 10 <sup>8</sup> /U	5 x 10 <sup>8</sup> / 10U apheresis
<b>STORAGE TIME:</b> 5 days	
<b>DEPARTMENT STORE PROHIBITED!</b>	



**ADVANTAGE:** good survival 8-10 days /HLA compatible donor

**COST:** random platelet - low / apheresis - significant

**STORAGE:** in plastic bag on 20 - 22 ° C with gentle shaking

**pH:** 6.8 - 7

**EFFECTIVE DOSE:** 2.4 x 10<sup>11</sup> platelets

**1U /10 kg BWT** (4-8 U) or 1 apheresis (10 U)

**INCREMENT :** 5-10 000 / μl (5-10 G/l) - 1U  
1 hour after transfusion 20 - 40 G/l - 4 U



## VERIFYING THE EFFICACY OF PLATELET TRANSFUSIONS:

**Corrected platelet count increment (CCI):**

$$\frac{\text{No of PLT after transfusion} - \text{No of PLT before transfusion}}{\text{number of units transfused}} \times \text{BSA}$$

**Effective PLT increment** 1 hour after transfusion is  
> 7,5 x 10<sup>9</sup> /l PLTs

- INDICATIONS:**
1. amegacaryocytic thrombocytopenia
  2. platelet dysfunction
  3. dilutional thrombocytopenia
  4. DIC
  5. immunisation

**Platelet function inhibitor medication is contraindicated.**

E.g: acetyl-salicylic

**Clinical signs !**





## PLATELET SURVIVAL:

1. **normal:** 8-10 days - 50% detectable 1 hour after transfusion
2. **decreased:** lifetime is hours or minutes
  1. **immunization - allogeneic:** pregnancies, transfusions, transplantations  
**refractory status:** no effect of random donor PLTs  
**therapy:** crossmatched HLA compatible, **filtered** apheresis PLTs  
 - **autologous:** ITP **therapy:** primarily **steroid!**
  2. **DIC** /consumption /
  3. **sepsis**
  4. **splenomegaly**
  5. **febrile conditions**

In case **protein allergy** washed PLTs can be given

Avoidance of **GVHD** with **irradiation** of PLT

## **IX. WHITE BLOOD CELL PRODUCTS**

<b>TYPES:</b>	
1. pool from 10 units <b>buffy coat</b> using fresh whole blood	2. <b>single apheresis</b>
<b>VOLUME:</b> 300 ml / pool	200 - 300 ml / apheresis
<b>GRANULOCYTE CONTENT:</b> 0,5-0,60 x 10 <sup>9</sup> /E /70% gr. 30 % ly/ high red blood cell and platelet contamination	<b>ADVANTAGE:</b> 1 x 10 <sup>10</sup> / apheresis 1. higher granulocyte content 2. HLA compatible
<b>STORAGE TIME:</b> max. 24 hours -	
<b>Prohibited store in department !</b>	
<b>METHOD OF STORAGE:</b> 20 - 24 C° /room temperature /	

Donor stimulation  
before apheresis:

steroid or growth  
factors



3.

White blood cells



**EFFECT:** *questionable*

**DOSAGE:**

1 x 10<sup>10</sup> granulocyte / day = (10 - 15 E buffy coat)

1 apheresis WBC product

**INFUSION:** very slowly, in several portions  
high lymphocyte content – GVHD – **irradiation!**  
RBC content - **crossmatch**

**LIFETIME IN CIRCULATION:** some hours

**SURVIVAL:** shortened by antibodies against HLA and/or granulocyte antigens

**INDICATION:** rare **ALWAYS INDIVIDUALLY**

1. **SEVERE BACTERIAL OR FUNGAL INFECTION** with antibiotic/antimycotic resistance even after 48 - 72 hours treatment with WBC count:  $0.2 \times 10^9 / l$
2. **NEONATAL SEPSIS** / irradiated, CMV, toxoplasma negative! /

**COMPLICATIONS:** **FREQUENT !**

- 1 febrile nonhemolytic reaction / 5 - 10% /
- 2 anaphylaxis
- 3 RDS
- 4 Multiple immunizations / TCT. RBC. contamination /
- 5 Infections transmission / CMV, toxoplasma, HTLV-I ... /
- 6 GVHD / correlation with the lymphocyte count/

**Remains in the background against haemopoietic growth factors – G-CSF , GM-CSF**



## PLASMA FRACTIONATION:

**Source:** 1. whole blood 2. apheresis

**5% protein content -  
50-60% albumin 10-15% globulins**

the other protein fraction concentrates are in mg quantities

plasma  
/180-200 ml/      /600-1000 ml/  
↓  
**fresh frozen plasma** / within 6-24 hours /

**cryoprecipitate**      **cryo-supernatant**  
↓      ↓  
VIII.f. concentrate and other clotting factors      albumin immunoglobulins and other factors

pl: antitrombin - III. f.  
protein S  
protein C  
fibronectin . .



4. **P**lasma **t**ransfusion



## I. FFP /FRESH FROZEN PLASMA/

Preservative	Storage temperature	Storage time
CPD	-30 C°	2 years

Freezing must be completed within 6-24 hours of receiving the blood!

Not disinfected PRODUCT!

**CONTENT:** - like fresh plasma  
all clotting factor / VIII, V, too! -labile factors/  
complement  
plasma proteins



### APPLICATION:

**Thawing** in 37 C° a water bath and transfusing immediately after

**Dose:** 10-12 ml / kg / 4-7 U /

**Administration :** 3/4 -1 hour / U

**AB0 compatible**

**EFFECT :** REPLACEMENT OF PLASMA FACTORS - labiles too

**CONTROL THE EFFECT:** partial thromboplastin time  
- Prothrombin time

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plasma transfusion



## INDICATIONS of FFP:

- 1 severe bleeding in unknown factor deficiency
- 2 complex coagulation factor deficiency / DIC, severe liver lesions, liver transplantation, massive transfusion, blood replacement after bleeding /
- 3 congenital factor deficiency, if no missing factor concentrate /Antithrombin III, C1-esterase inhibitor, Factor V /
- 4 TTP - plasma exchange / 3 L / day /

### *FILTERED PLASMA*

PREPARATION specific plasma filters, repeated centrifugation, apheresis

INDICATIONS: Patients on immunosuppressive state

### *IRRADIATED PLASMA*

PRODUCTION: fresh product - 2500-4000 rad  $\gamma$  irradiation

INDICATIONS: protect against GVHD

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## II. CRYOPRECIPITATE

Cryoprecipitate is a precipitate formed from plasma frozen at  $-30\text{ }^{\circ}\text{C}$  within 4 – 6 hours, then thawed  $+4\text{ }^{\circ}\text{C}$ .

**MAIN INDICATIONS:** fibrinogen and factor VIII supplementation, but in Hungary only raw material of clotting factors included in precipitate, recently.

### NON VIRUS INACTIVATED PRODUCT

Prepared from 4-6 U whole bloods

Volume: 100 ml

### CONTENT:

1. factor VIII. / 2 - 4 U/ml t 1/2: 8-12 hours /
2. fibrinogen / 6 - 10 g/l t 1/2: 3 - 5 days/ 250 mg/U plasma
3. factor von Willebrand t 1/2: 12 hours
4. fibronectin t 1/2: 1 - 3 days



Specific indication of cryosupernatant : **TTP**



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## III. CLOTTING FACTOR CONCENTRATES

### 1. FACTOR VIII. CONCENTRATE

virus-inactivated lyophilized preparation from THOUSANDS OF pooled donor plasma

Volume: 10 ml

Benefits: – high content of active substance in small volume

- suitable for home treatment

CONTENT: VIII.f 150 IU / mg protein

Half-life: 12 hours

ADMINISTRATION: intravenously in more portions / accident, surgery /

EFFECT: stops the bleeding, prevents haemorrhage and articular lesions

INDICATIONS: **Hemophilia A**

HUNGARIAN PRODUCT / Behring License / HUMAFAKTOR – 8

Others: HAEMOCTIN 500 NE, RECOMBINATE 500 NE, KOGENATE BAYER 500 NEADVATE 500 NE, BERIATE 100 NE/m

**THERAPEUTIC DOSE CALCULATION IS INDIVIDUAL:**

**f. VIII volume to be administered = plasma volume x (Expected f. VIII - Starting f. VIII) /**



## 2. *PROTEIN S and PROTEIN C*

**EFFECT:** - F V. and F VIII anticoagulant factor inactivating proteins  
- Plasminogen activator - fibrinolytic effect

Storage: + 4 ° C    Expiry: several years

**INDICATION:** - **congenital factor deficit**

Symptoms

\* **deep vein thrombosis**

\* Massive neonatal venous thrombosis - purpura fulminans

## 3. *FACTOR IX. CONCENTRATE*

HUNGARIAN PRODUCT / Behring License / HUMAFAKTOR – 9

**INDICATION:** **hemofilia B** / congenital F. IX.f./

**Alphanine® SD** : Monoclonal : Grifols

**BeneFix®** : Recombinant : Pfizer

**Mononine® FS** : Monoclonal : CSL Behring

Immunine Human : Baxter

Haemonine Human Biotest

**Dose (units)** = (factor IX desired - factor IX baseline ) x total body weight (kg)

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**FACTOR VIIa RECOMBINANT** indicated – haemophilia A or B patients with **inhibitor**



## 4. *PROTHROMBIN COMPLEX CONCENTRATE*

**PCC content II,VII,IX,X**

**Indication:** **acquired deficiency** of the prothrombin complex coagulation factors – vitamin K deficit, liver disease

**overdose of vitamin K antagonists**  
**congenital deficiency** of vitamin K dependent coagulation factors II and X when purified specific coagulation factor product is not available

### **Products:**

Octaplex    PCC II,VII,IX,X    + protein S and protein C

Prothromplex TIM 3 (Baxter, Vienna, Austria) (II, IX and X) TOTAL (II,VII,IX,X)

Confidex® (CSL Behring, Marburg, Germany) (II,VII,IX,X protein S and protein C + AT+ heparin)

**Adverse event:**    allergic reaction

trombocitopenia)    HIT (heparin induced

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thromboembolism



## IV. ALBUMIN (5% és 20%)

Viral inactivated, virus free blood fraction

Plasma concentrations of albumin: 40 - 50 g / l

Half life time: approx. 14 days      blood-derived albumin is only 12-16 hours

Heat stabilized Storage: 2-25 °C Storage time: several years

### PRODUCTS:

- 1 5% - the same as the plasma oncotic pressure  
volume expansion effect lasts for 48 hours
- 2 20% - (oncotic effect four times that of blood plasma)

**EFFECT:** - **extravascular compartment mobilization** - water suction effect  
1g albumin binds 18 ml water  
movement of fluids from the interstitial to the circulation

**DOSE:** 5%: 250-500 ml      20% < 200-300ml/ day  
**dose (g) = (2.5g/dl – actual albumin concentration) x (kg x 0.8)**

2.5 g/dL: desired concentration of albumin; kg: body weight;  
0.8: coefficient to calculate the volume of plasma

**Administration:** intravenously , infusion set for single use



**INDICATIONS:** Albumin is used as a **second choice** when **solutions of crystalloids or non-protein colloids** non produced a clinically adequate response and in cases in which non-protein colloids are contraindicate

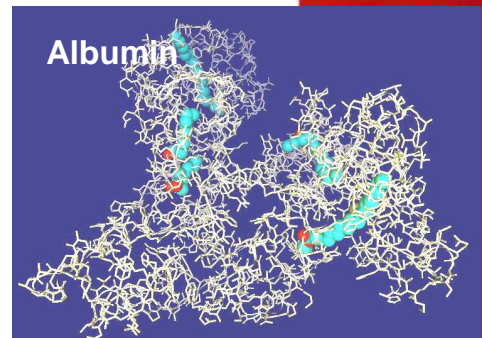
- 1 **Acute plasma volume replacement** - albumin <25 g / l
- 2 Burns - **plasma protein replacement**
- 3 **Ascites not responsive to diuretics** - diuretic resistant edema,  
hypoproteinemia      20% albumin + diuretics
4. **Haemorrhagic shock of infants**  
safe and can be used without blood group properties

**RISK:** overdose

**Tissue hypoxia** - dehydration

**Circulatory overload** - pulmonary edema

**Protein Allergies** - Anaphylaxis



**Contraindicated** in patients with **Parenteral nutrition**  
**Treatment of immunodeficiencies**

no better and more specific effects than other colloidal solutions  
not contain essential amino acids and immunoglobulins



# V. IMMUNOGLOBULINS

**VIRUS FREE** lyophilized **plasma fraction extracted from about 1000 DONOR plasma pool** PRODUCED BY FRACTIONATION

STORAGE: + 4 °C.

IgG, T 1/2: 21 days

**Indication:** restoration of the specific antibody response  
enhance the body's resistance (prophylaxis)

**Dose:** 200-400mg/kg prophylactic: 2 - 4 weeks to years  
therapeutic: 3 - 5 days

## **Types:**

**Non-specific - polyvalent** human serum globulin (**IgG and few IgA, IgM**)  
- includes the average infected population antibodies

**Specific** - vaccines / anti-D-HBs - CMV, -varicella, -. tetanus etc /  
- contains substantially higher concentrations of specific antibodies  
active or passive immunization  
gene technological methods  
- hyperimmune gamma globulin / anti-D etc /



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## **COMPLICATIONS:** anaphylactic reactions, hemolysis

Absolute contraindications: Selective IgA deficiency with anti-IgA +

### **ADMINISTRATION: slowly**

SCIG: primer immunodeficiency - self-administration at home

IMIG: measles, gram negative sepsis

IVIG: most effective - high dose - standard blood administration set

ADMINISTRATION - slowly! - recognition of possible complications

## **Main areas of INDICATION - still evolving**

**primary immunoglobulin deficiency** (X chain low immunoglobulin, familiar variable immune deficiency, immunoglobulin G secondary deficiency)

**secondary immunoglobulin deficiency** – infection, newborn sepsis, CLL with hypogammaglobulinaemia, toxins, drugs

**autoimmune deficiency diseases** - ITP, Kawasaki disease

**immunocytopenia** – PTP

**Effect: passive immunization, immunomodulation**

**Products:** Intragam P, Octagam, Flebogamma, Intratect, Humaglobin etc.



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## *Characteristics of coagulation factor products*

### **Virus inactivated blood products**

1. **Safe:** virus-inactivated, disinfected  
extreme rare virus transmission
2. Lyophilized - solvent included
3. **Storage:** - 2-6 °C.
4. Expiry date: several years
5. **Dosage:** - Strict adherence to instructions  
- The half-life taking into account factors  
- **Overdose** - thrombosis
- 6 Disadvantage: - expensive

### **Recommendations:**

1. **Macroscopic control** before administration
2. Dosage and administration -**manufacturer's instructions**
3. After resolution **should be given immediately**
4. When adding clotting factors **hematology consultation** is needed!



## *The future of transfusiology*

Increase of **storage time:** red blood cells, platelets

**Virus inactivation** of all plasma products and cellular blood products

### **Red Blood Cell Transfusion**

1. **EPO** : chronic kidney disease, treated HIV patients, carcinoma patients, allogeneic and autologous bone marrow donors
2. **Autologous** blood transfusions
3. **Enzymatic modification of red blood cells** (converted „0” group) or camouflaged red blood cells with mPEG
4. **Blood substitutes** : ⇨ Perfluorinated compounds  
⇨ Hemoglobin solutions  
⇨ Recombinant hemoglobin

### **Platelet transfusion:**

1. **TPO** (thrombopoietin)
2. **Artificial** blood platelets

### **White blood cell transfusion:**

1. **G-CSF**
2. **leukocyte depletion** in all blood products

### **Plasma and plasma product transfusion:**

**Rekombinant proteins** (F VIII, anti-D, etc.)

