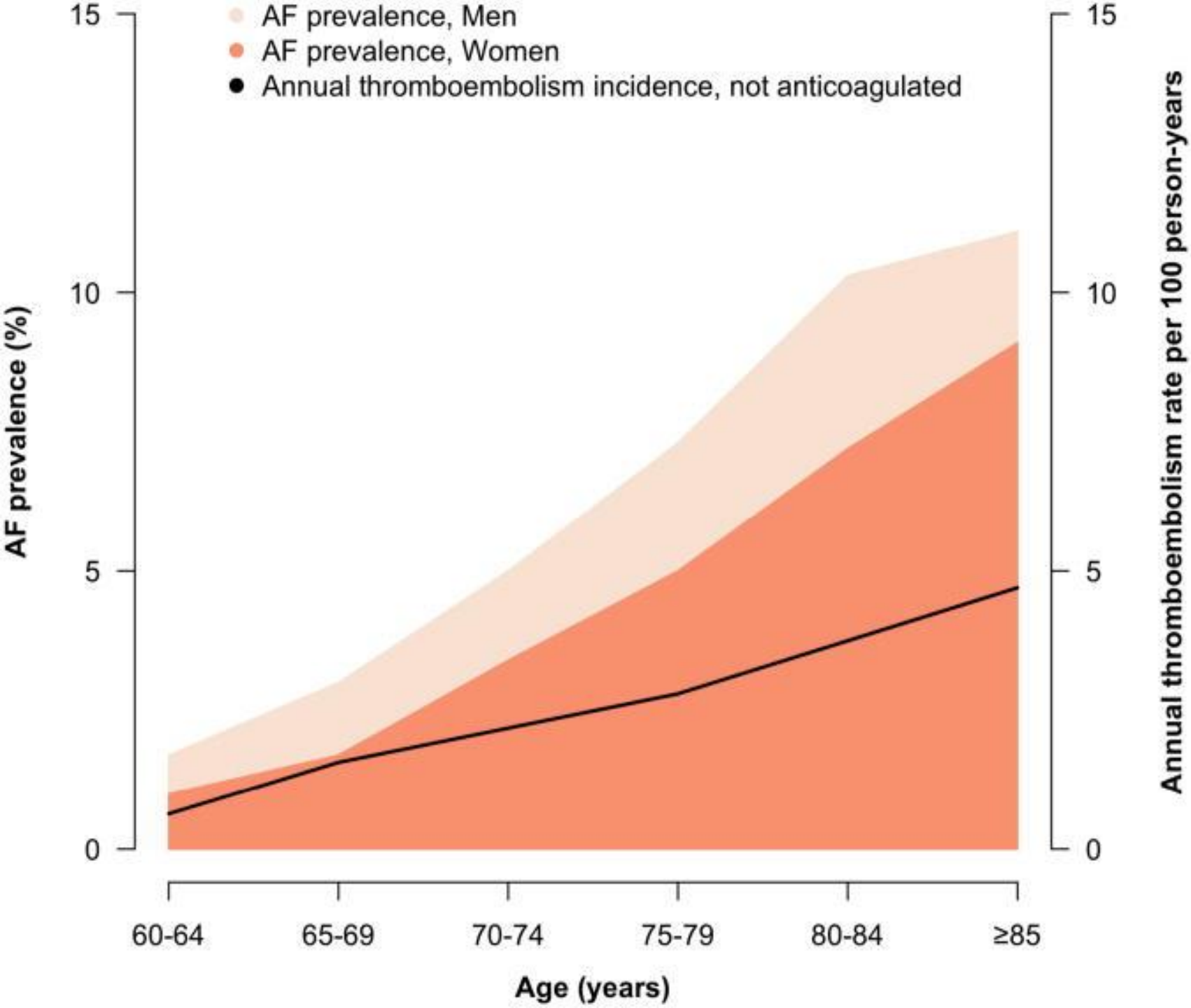


**ÚJ TÍPUSÚ ORÁLIS
ANTIGOAGULÁNSOK
(NOAC, DOAC)
A STROKE MEGELŐZÉSÉBEN**

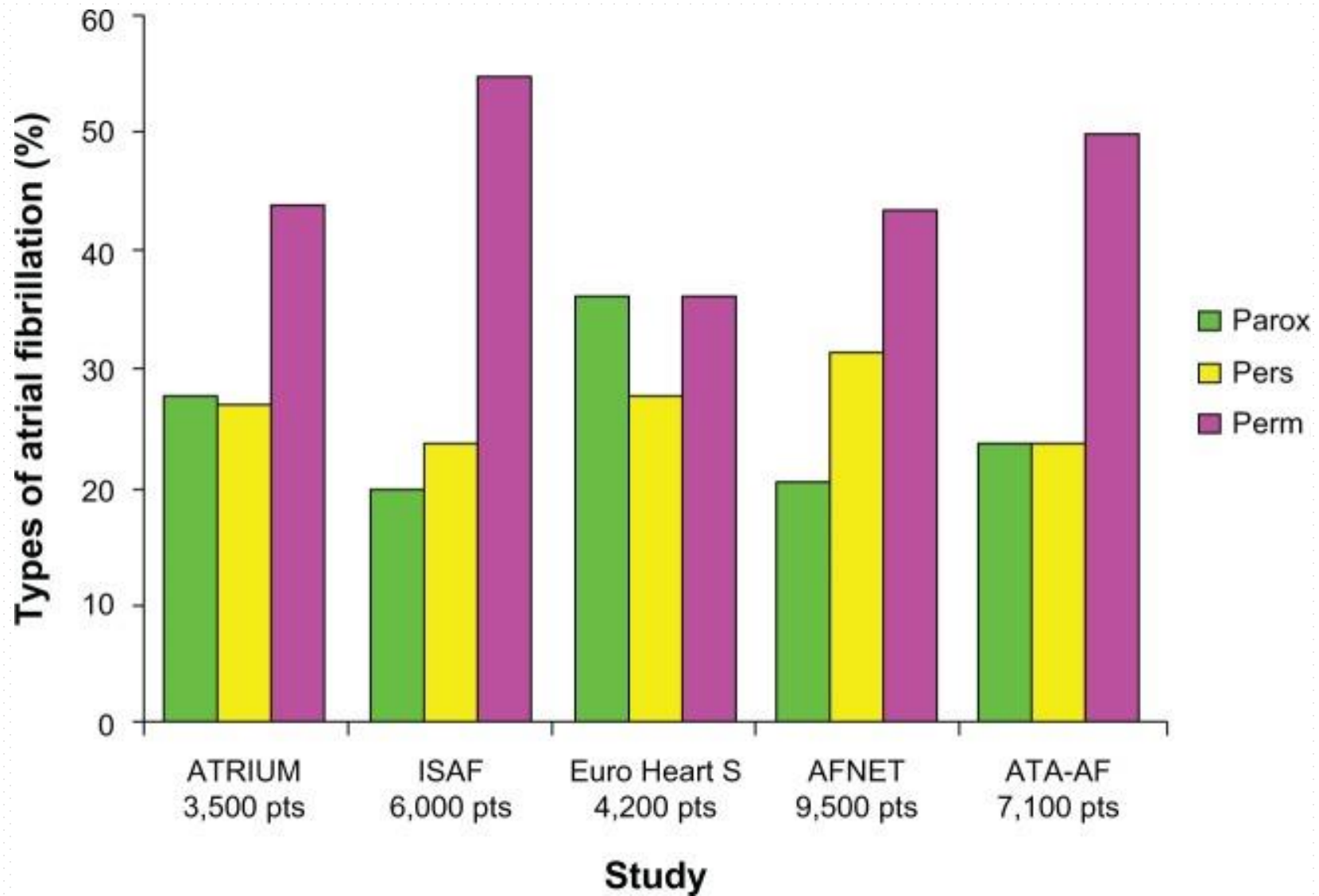
Dr. Fehér Gergely

**Szigetvári Kórház
Neurológiai Osztály**



PITVAR-FIBRILLÁCIÓ JELENTŐSÉGE

PITVARFIBRILLÁCIÓ TÍPUSAI



Prolonged Ambulatory Cardiac Monitoring Improves the Detection and Treatment of Atrial Fibrillation in Patients with Cryptogenic Stroke: Primary Results from the EMBRACE Multicenter Randomized Trial

Background: Detecting atrial fibrillation (AF) in stroke/TIA patients can result in therapy to prevent recurrent strokes. However, standard short duration monitoring (24-48 h) for atrial fibrillation may not detect AF.

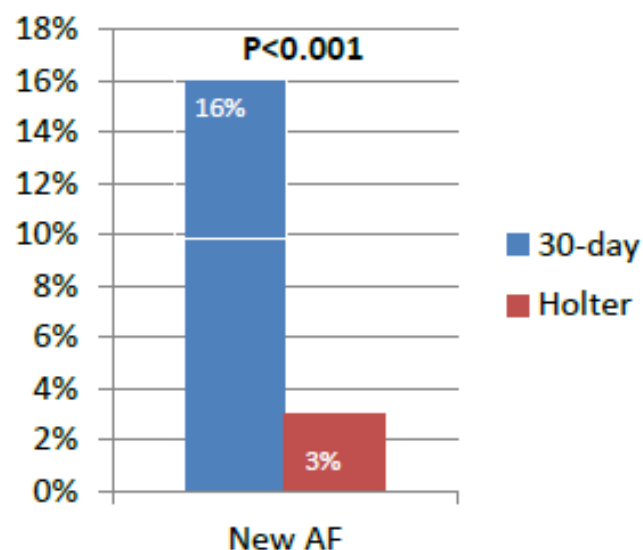
Purpose: This study is the first randomized trial to evaluate whether longer non-invasive ECG monitoring after stroke/TIA would produce beneficial results.

Methods: n=572 (age 73 ± 9 yrs); recent ischemic stroke/TIA, no known AF; 16 stroke centers; Randomized to wear either an event-triggered cardiac monitor up to 30 days or a repeat 24 h Holter. AF events automatically recorded.

Primary Outcome: ≥ 1 episodes of AF of at least 30 seconds within 90 days of randomization

Secondary Outcomes: monitoring adherence ; anticoagulation status

Results: New AF detected among 16% of 30-day monitoring group, vs. 3% in the Holter group ($p < 0.001$). In the 30 day group three quarters of AF events occurred within the first 2 weeks. 71% of all patients were anticoagulated; anticoagulant use at 90 days > 30 day group (49/280; 18%) vs. Holter group (28/279; 10%; $p = 0.01$).



Conclusion: Paroxysmal AF is undiagnosed and untreated in many stroke/TIA patients ; in the post-stroke setting it is under-detected by the Holter monitor. Prolonged continuous monitoring for 30 days is "feasible, more effective, and leads to clinically meaningful changes in patient management."

A **CHA₂DS₂-VASc sémát** a CHADS₂ pontozási rendszer kiegészítésére az Európai Kardiológiai Társaság is átvette

| CHADS₂ | Pontszám | CHA₂DS₂-VASc | Pontszám |
|---------------------------|-----------------|------------------------------------------------------|-----------------|
| Pangásos szívelégtelenség | 1 | Pangásos szívelégtelenség/balkamra dysfunctio | 1 |
| Hypertonia | 1 | Hypertonia | 1 |
| Életkor ≥75 év | 1 | Életkor ≥75 év | 2 |
| Diabetes mellitus | 1 | Diabetes mellitus | 1 |
| Stroke/TIA/TE | 2 | Stroke/TIA/TE | 2 |
| Maximális pontszám | 6 | Érbetegség (korábbi MI, PAD vagy aorta plakk) | 1 |
| | | Életkor 65-74 év | 1 |
| | | Nemi hovatartozás (azaz női nem) | 1 |
| | | Maximális pontszám | 9 |



CHA₂DS₂-VASc

- Azok a betegek, akiknél a CHADS₂-pontszám 0-1, vagy
- ha részletesebb stroke kockázatfelmérés indokolt

K-VITAMIN ANTAGONISTA KEZELÉS PITVARFIBRILLÁCIÓBAN

- 28044 beteg utánkövetéses meta-analízise
- **Warfarin** adása **64%-kal** csökkentette az ischaemiás stroke előfordulását
- **Thrombocytá aggregáció gátló** terápia esetén **22%-os** csökkenés érhető el
- Vérzéses szövődmények száma kevés (cca. 0.3% évente)

VÉRZÉSES SZÖVŐDMÉNYEK ASPIRIN VS WARFARIN MELLETT

TABLE 3. ADVERSE EVENTS ACCORDING TO TREATMENT ASSIGNMENT.*

| EVENT | WARFARIN (N= 1103) | ASPIRIN (N= 1103) | ODDS RATIO (95% CI) | P VALUE† |
|-----------------------|----------------------------------------|----------------------|------------------------|-------------|
| | no. (%) | | | |
| Death | 47 (4.3) | 53 (4.8) | 0.88 (0.58–1.32) | 0.61 |
| Related to hemorrhage | 7 (0.6) | 5 (0.4) | 1.40 (0.42–5.13) | 0.77 |
| First hemorrhage‡ | | | | |
| Major | 38 (3.4) | 30 (2.7) | 1.28 (0.78–2.10) | 0.39 |
| Minor | 261 (23.7) | 188 (17.0) | 1.51 (1.22–1.87) | <0.001 |
| | | | RATE RATIO (95% CI) | P VALUE§ |
| | no. of events (rate/100 patient-yr) | | | |
| All hemorrhages¶ | | | | |
| Major | 44 (2.2) | 30 (1.5) | 1.48 (0.93–2.44) | 0.10 |
| Minor | 413 (20.8) | 259 (12.9) | 1.61 (1.38–1.89) | <0.001 |

*Maximal follow-up was 25 months. Hemorrhages occurring on the day of the primary event (death or recurrent ischemic stroke) are included. CI denotes confidence interval.

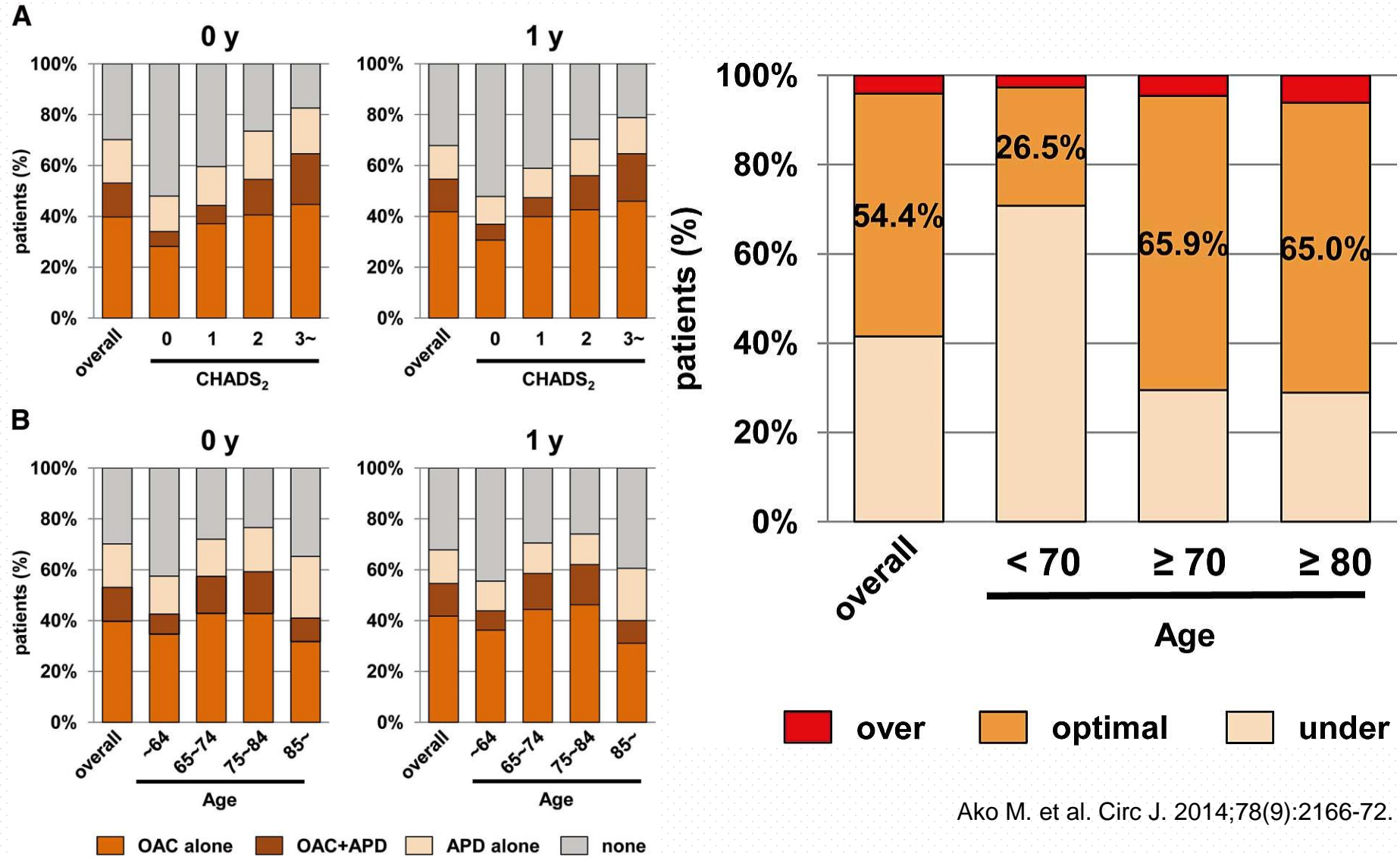
†P values were calculated by the exact test of two independent proportions.

‡The first hemorrhage is the first or only hemorrhage for each patient.

§P values were calculated by the exact conditional binomial test for two independent Poisson processes.

¶All hemorrhages include all hemorrhages in any patient.

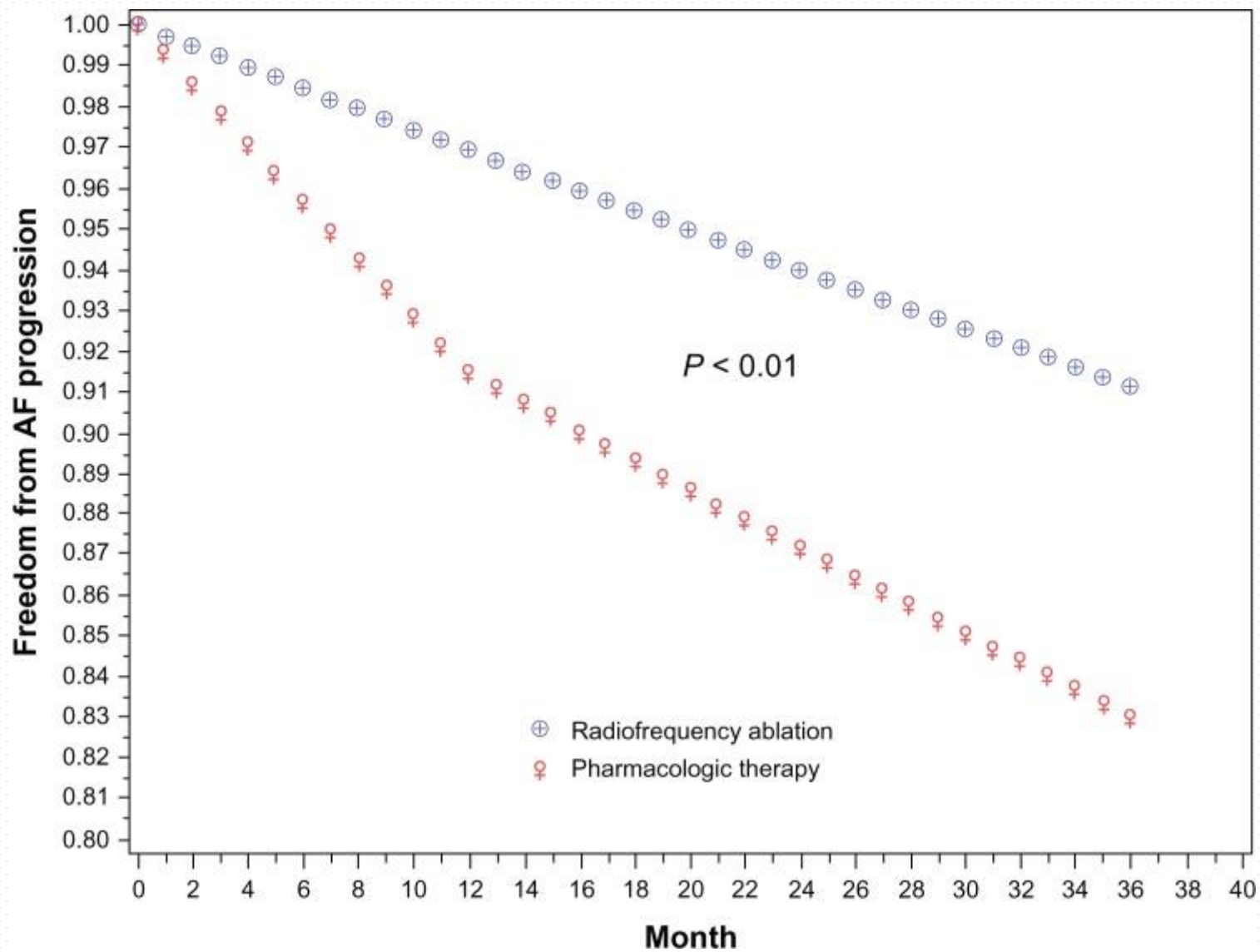
EVIDENCIÁK ÉS A VALÓSÁG



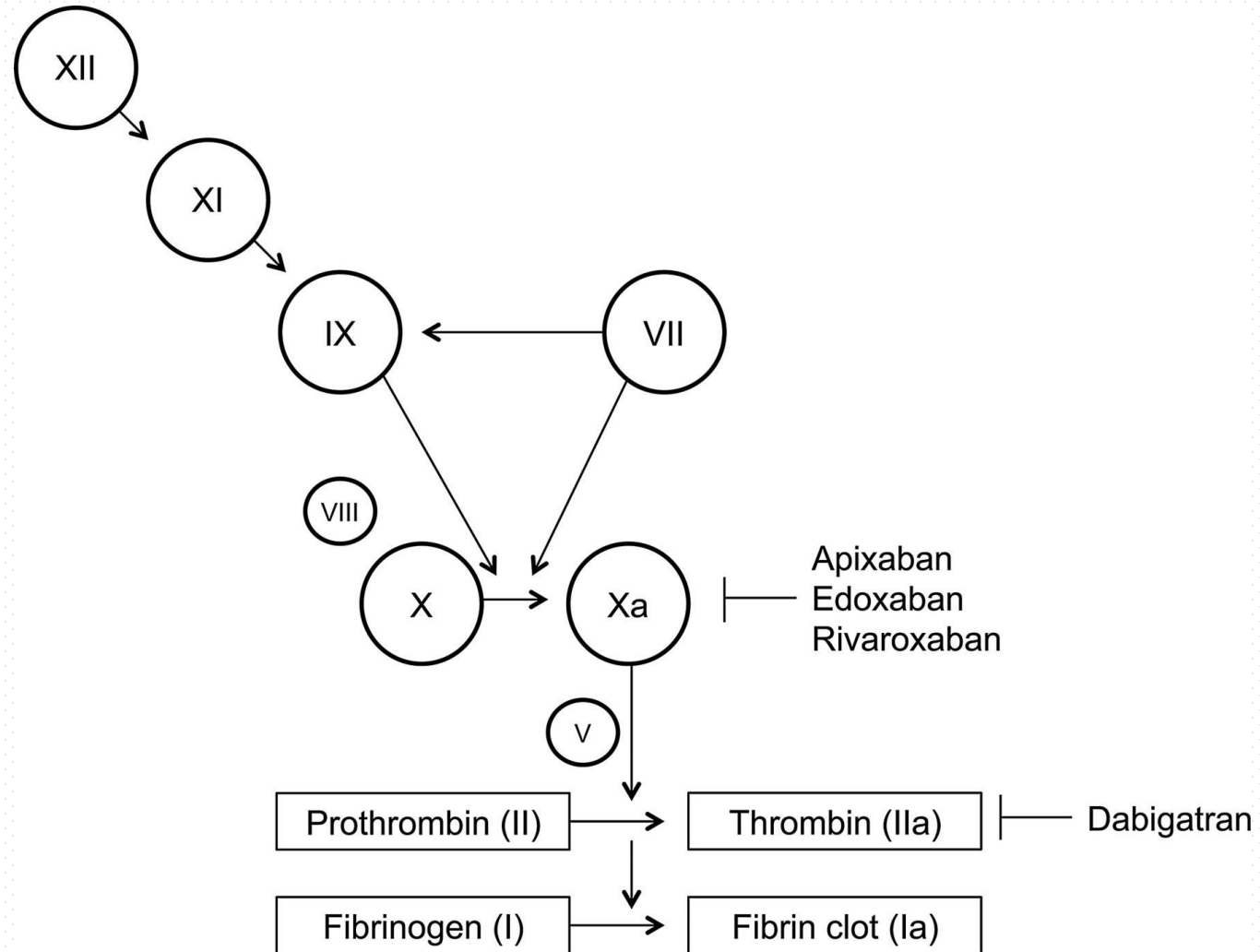
MIÉRT HASZNÁLUNK ACENOCOUMAROLT?

- The percentage of visits within the intended range of INR (2 to 3) was 65.5% with warfarin and 63.4% with acenocoumarol. *Thirty percent of patients on warfarin had 75% or more of their controls within range, while for those treated with acenocoumarol this percentage was 22.5%.* In the acenocoumarol group, 0.3 visits/patient/year presented an INR $>$ or $=$ 6 versus 0.07 in the warfarin group ($p = 0.003$).

CARDIOVERSION HATÉKONYSÁGA

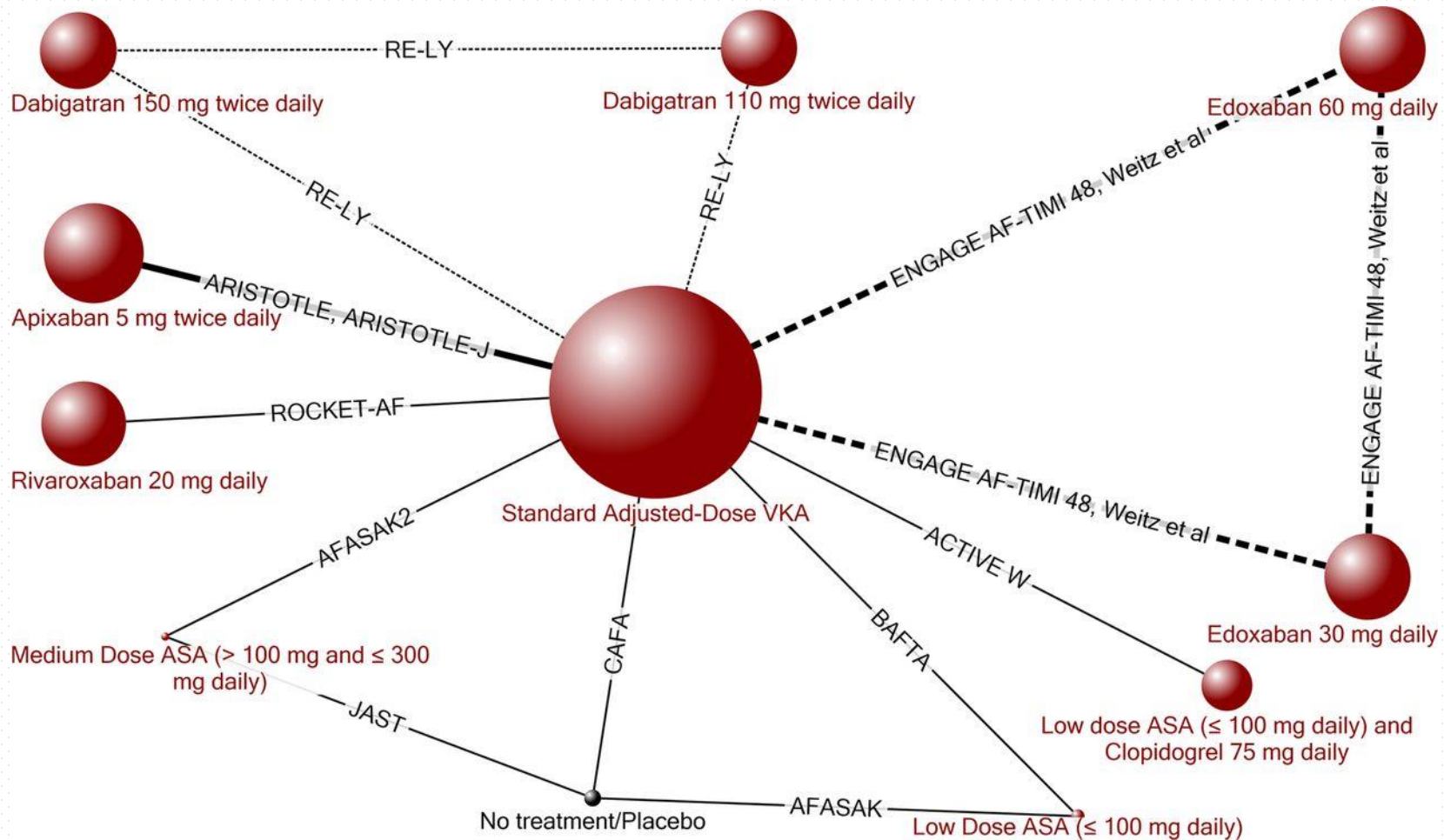


Key targets of the direct oral anticoagulants in the coagulation cascade.



Richard P W Cowell Postgrad Med J 2014;90:529-539

PREVENCIÓS TANULMÁNYOK



Chris Cameron et al. *BMJ Open* 2014;4:e004301

LEGFONTOSABB TANULMÁNYOK

| | Dabigatran (RE-LY) | Apixaban (ARISTOTLE) | Rivaroxaban (ROCKET AF) | Edoxaban (ENGAGE AF TIMI) |
|---------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| betegszám | 18 113 | 18201 | 14264 | 21105 |
| beválasztás | egyszeres vak | kettős vak | kettős vak | kettős vak |
| életkor | 71 év | 70 év | 73 év | 72 év |
| nemi megoszlás | 63,6 % férfi | 64,7% férfi | 60,3% férfi | 62 % férfi |
| CHADS2 score | 2,1 | 2,1 | 3,5 | 2,8 |
| diabetes | 23 % | 25 % | 40 % | 36,2 % |
| vesebetegség | 30 alatti GFR kizárási kritérium | 25 alatti GFR kizárási kritérium | 30 alatti GFR kizárási kritérium | 30 alatti GFR kizárási kritérium |

EREDMÉNYEK: DABIGATRAN

| | Warfarin (n=6022) | Dabigatran 110 mg (n=6015) | p érték | Dabigatran 150 mg (n=6076) | p érték |
|----------------------------------|-------------------|----------------------------|------------------|----------------------------|------------------|
| ISCHAEMIÁS STROKE | 142 | 159 | 0,35 | 111 | 0,03 |
| SYSTEMAS EMBOLISATIO (ÉS STROKE) | 199 | 182 | 0,34 | 134 | <0,001 |
| MAJOR VÉRZÉS | 397 | 322 | 0,003 | 350 | 0,31 |
| VÉRZÉSES STROKE | 45 | 14 | <0,001 | 12 | <0,001 |
| GI VÉRZÉS | 120 | 133 | 0,43 | 182 | <0,001 |
| VASCULARIS HALÁLOZÁS | 317 | 289 | 0,21 | 274 | 0,04 |
| HALÁLOZÁS | 487 | 446 | 0,13 | 438 | 0,051 |

EREDMÉNYEK: APIXABAN

| | Warfarin (n=9081) | Apixaban 2,5 mg (n=428) Apixaban 5 mg (n=8692) | p érték |
|------------------------------------------|-------------------|---------------------------------------------------|------------------|
| ISCHAEMIÁS STROKE | 175 | 162 | 0,42 |
| SYSTEMAS EMBOLISATIO | 17 | 115 | 0,1 |
| MAJOR VÉRZÉS | 877 | 613 | <0,001 |
| VÉRZÉSES STROKE | 122 | 52 | <0,001 |
| GI VÉRZÉS | 119 | 105 | 0,37 |
| VASCULARIS HALÁLOZÁS (+ÖSSZHALÁLOZÁS) | 906 | 810 | 0,01 |
| HALÁLOZÁS | 669 | 603 | 0,047 |

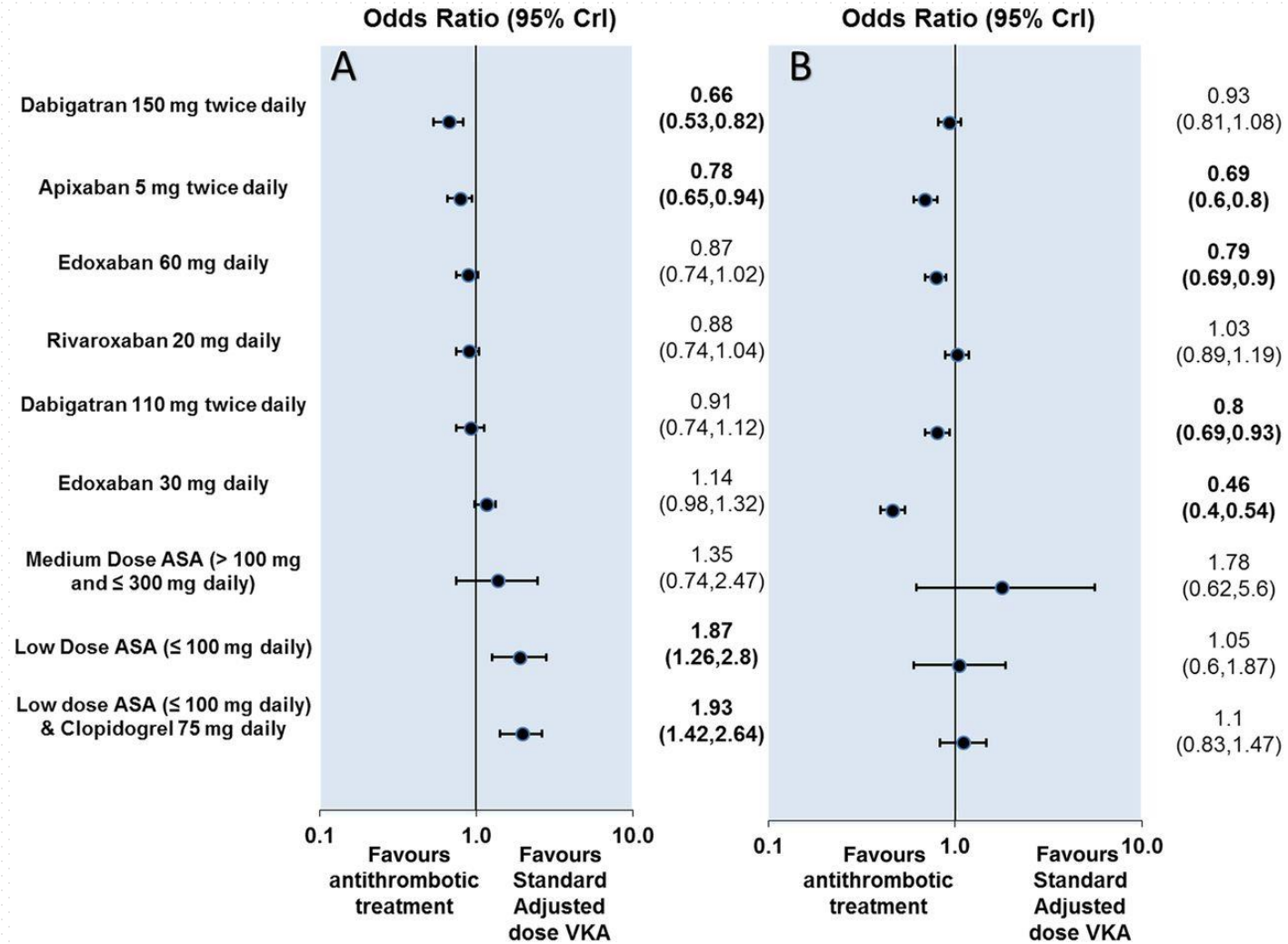
EREDMÉNYEK: RIVAROXABAN

| | Warfarin (n=7133) | Rivaroxaban 20 és 15 mg (n=7131) | p érték |
|---------------------------------------|-------------------|----------------------------------|------------------|
| STROKE ÉS SYSTEMAS EMBOLISATIO | 241 | 188 | 0,02 |
| ISCHAEMIAS STROKE | 161 | 149 | 0,51 |
| MAJOR VÉRZÉS | 386 | 395 | 0,58 |
| VÉRZÉSES STROKE | 84 | 55 | 0,02 |
| GI VÉRZÉS | 154 | 224 | <0,001 |
| VASCULARIS HALÁLOZÁS | 193 | 170 | 0,289 |
| HALÁLOZÁS | 250 | 208 | 0,071 |

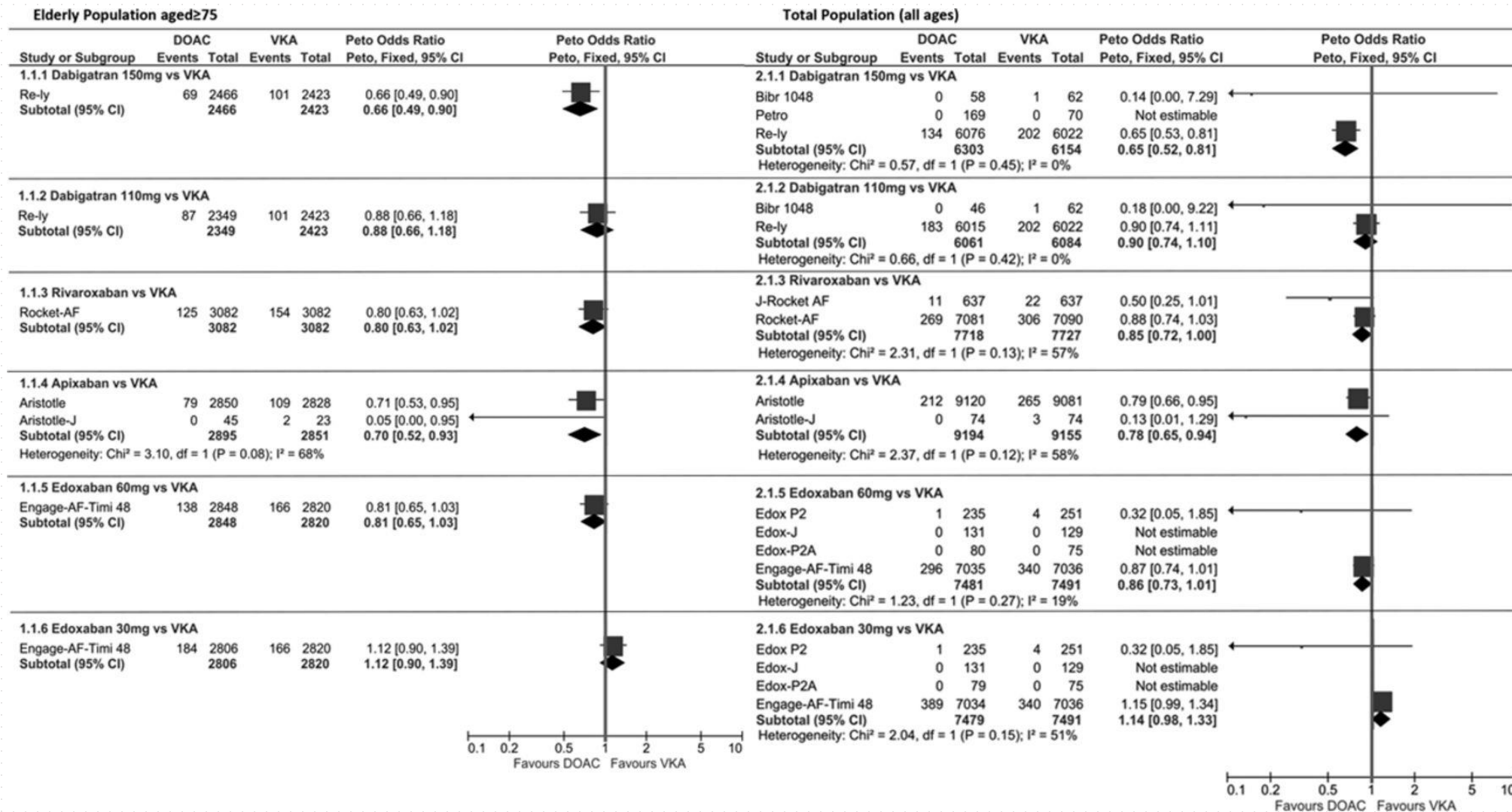
EREDMÉNYEK: EDOXABAN

| | Warfarin (n=7036) | Edoxaban 30 mg (n=7034) | p érték | Edoxaban 60 mg (n=7035) | p érték |
|----------------------|-------------------|-------------------------|---------|-------------------------|---------|
| ISCHAEMIÁS STROKE | 235 | 333 | < 0,001 | 236 | 0,97 |
| SYSTEMAS EMBOLISATIO | 23 | 29 | 0,43 | 15 | 0,19 |
| MAJOR VÉRZÉS | 524 | 254 | < 0,001 | 418 | < 0,001 |
| VÉRZÉSES STROKE | 90 | 30 | < 0,001 | 49 | < 0,001 |
| GI VÉRZÉS | 190 | 129 | < 0,001 | 232 | 0,03 |
| VASCULARIS HALÁLOZÁS | 611 | 527 | 0,008 | 530 | 0,08 |
| HALÁLOZÁS | 839 | 737 | 0,08 | 773 | 0,006 |

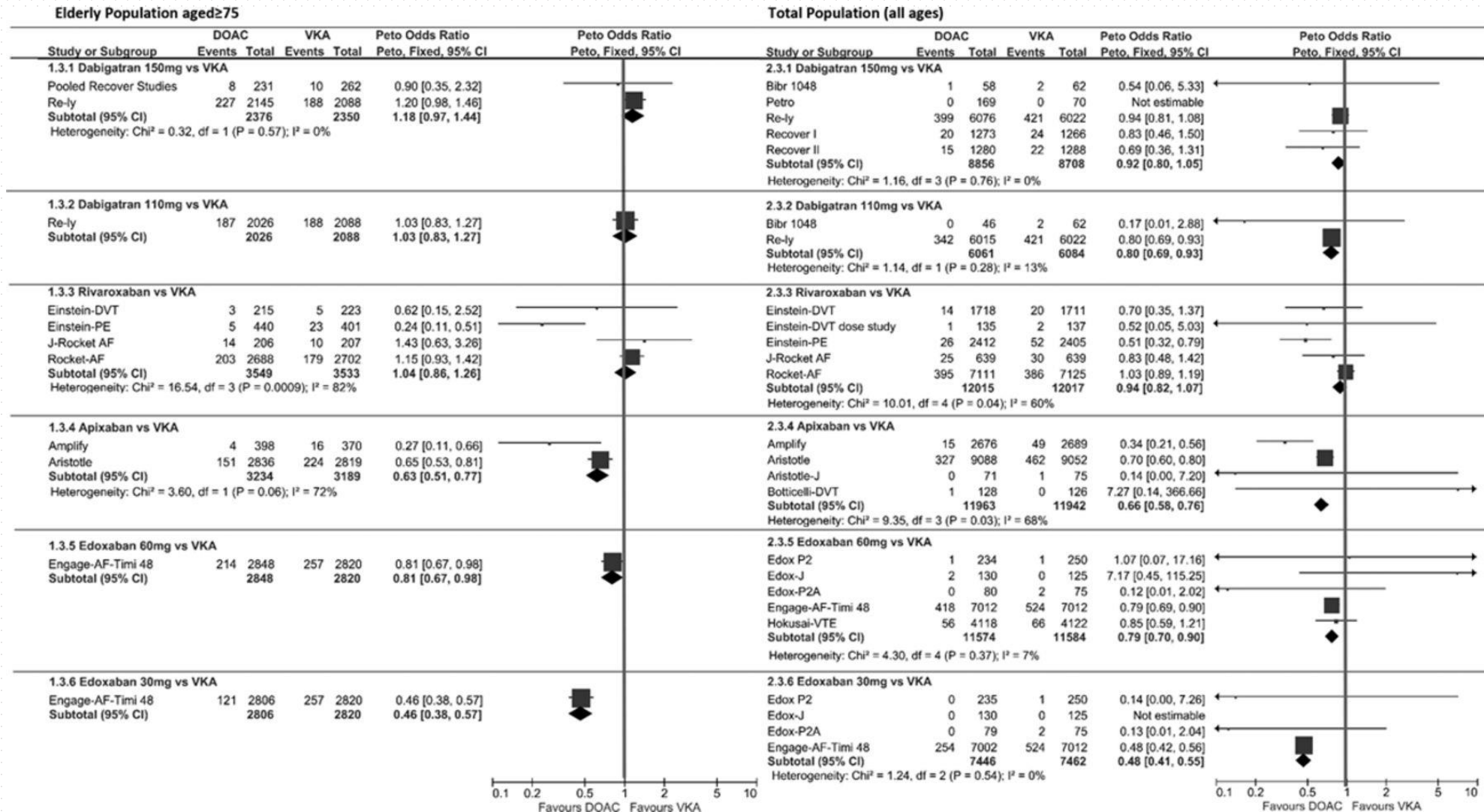
EMBOLISATIO VS VÉRZÉS A FELSOROLT TANULMÁNYOKBAN



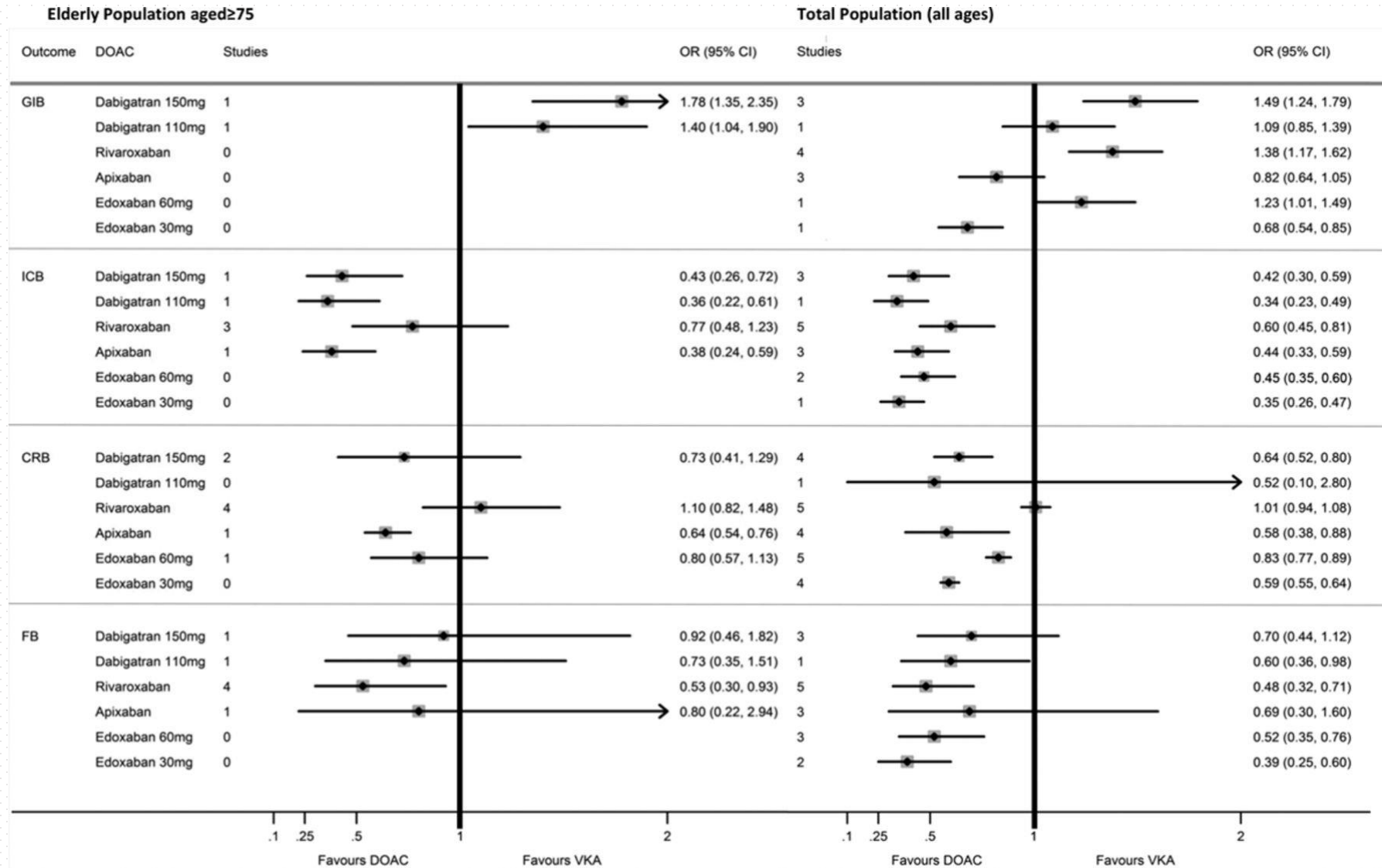
NOAC HASZNÁLATA >75 ÉV FELETT : ISCHAEMIA



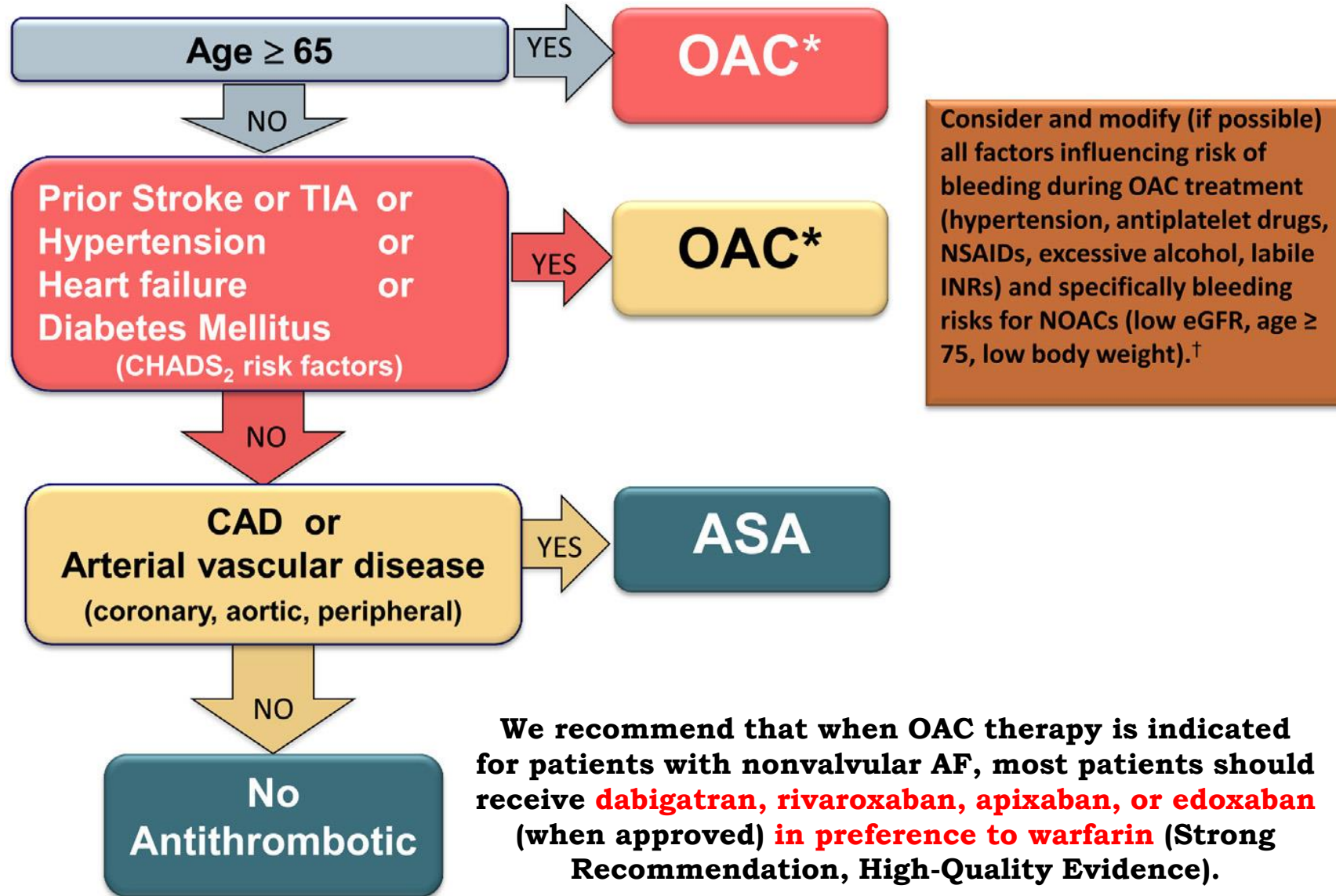
NOAC HASZNÁLATA >75 ÉV FELETT : VÉRZÉS



NOAC HASZNÁLATA >75 ÉV FELETT : VÉRZÉS



The “CCS Algorithm” for OAC Therapy in AF



EVIDENCIÁK ÉS A VALÓSÁG – KLINIKAI REGISZTEREK

Dabigatran and Postmarketing Reports of Bleeding

Mary Ross Southworth, Pharm.D., Marsha E. Reichman, Ph.D., and Ellis F. Unger, M.D.

Intracranial and Gastrointestinal Bleeding Events in New Users of Dabigatran and Warfarin from the Mini-Sentinel Distributed Database, October 2010 through December 2011.*

| Analysis | Dabigatran | | | Warfarin | | |
|------------------------------------------------------------------------|-----------------|---------------|------------------------------------------------|-----------------|---------------|------------------------------------------------|
| | No. of Patients | No. of Events | Incidence (no. of events/100,000 days at risk) | No. of Patients | No. of Events | Incidence (no. of events/100,000 days at risk) |
| Gastrointestinal hemorrhage | | | | | | |
| Analysis with required diagnosis of atrial fibrillation | 10,599 | 16 | 1.6 | 43,541 | 160 | 3.5 |
| Sensitivity analysis without required diagnosis of atrial fibrillation | 12,195 | 19 | 1.6 | 119,940 | 338 | 3.1 |
| Intracranial hemorrhage | | | | | | |
| Analysis with required diagnosis of atrial fibrillation | 10,587 | 8 | 0.8 | 43,594 | 109 | 2.4 |
| Sensitivity analysis without required diagnosis of atrial fibrillation | 12,182 | 10 | 0.9 | 120,020 | 204 | 1.9 |

FDA Drug Safety Communication

Mary Ross Southworth, Pharm.D. N Engl J Med 368;14, 2013

Recent independent FDA data (>134,000 patients) show that benefits of dabigatran are maintained in clinical practice

| | Incidence rate per 100 person-years | | Adjusted HR (95% CI) |
|-----------------------------|-------------------------------------|----------|----------------------|
| | Dabigatran | Warfarin | |
| Ischaemic stroke | 1.13 | 1.39 | 0.80 (0.67–0.96) |
| Intracranial haemorrhage | 0.33 | 0.96 | 0.34 (0.26–0.46) |
| Major GI bleeding | 3.42 | 2.65 | 1.28 (1.14–1.44) |
| Acute myocardial infarction | 1.57 | 1.69 | 0.92 (0.78–1.08) |
| Mortality | 3.26 | 3.78 | 0.86 (0.77–0.96) |

No significant difference identified between dabigatran and warfarin for MI, with fewer ischaemic strokes and ICH, and lower mortality vs warfarin

In the USA, the licensed doses for Pradaxa® are: Pradaxa® 150 mg BID and Pradaxa® 75 mg BID for the prevention of stroke and systemic embolism in adult patients with nonvalvular AF

Primary findings for dabigatran are based on analysis of both 75 mg and 150 mg together without stratification by dose

GI = gastrointestinal

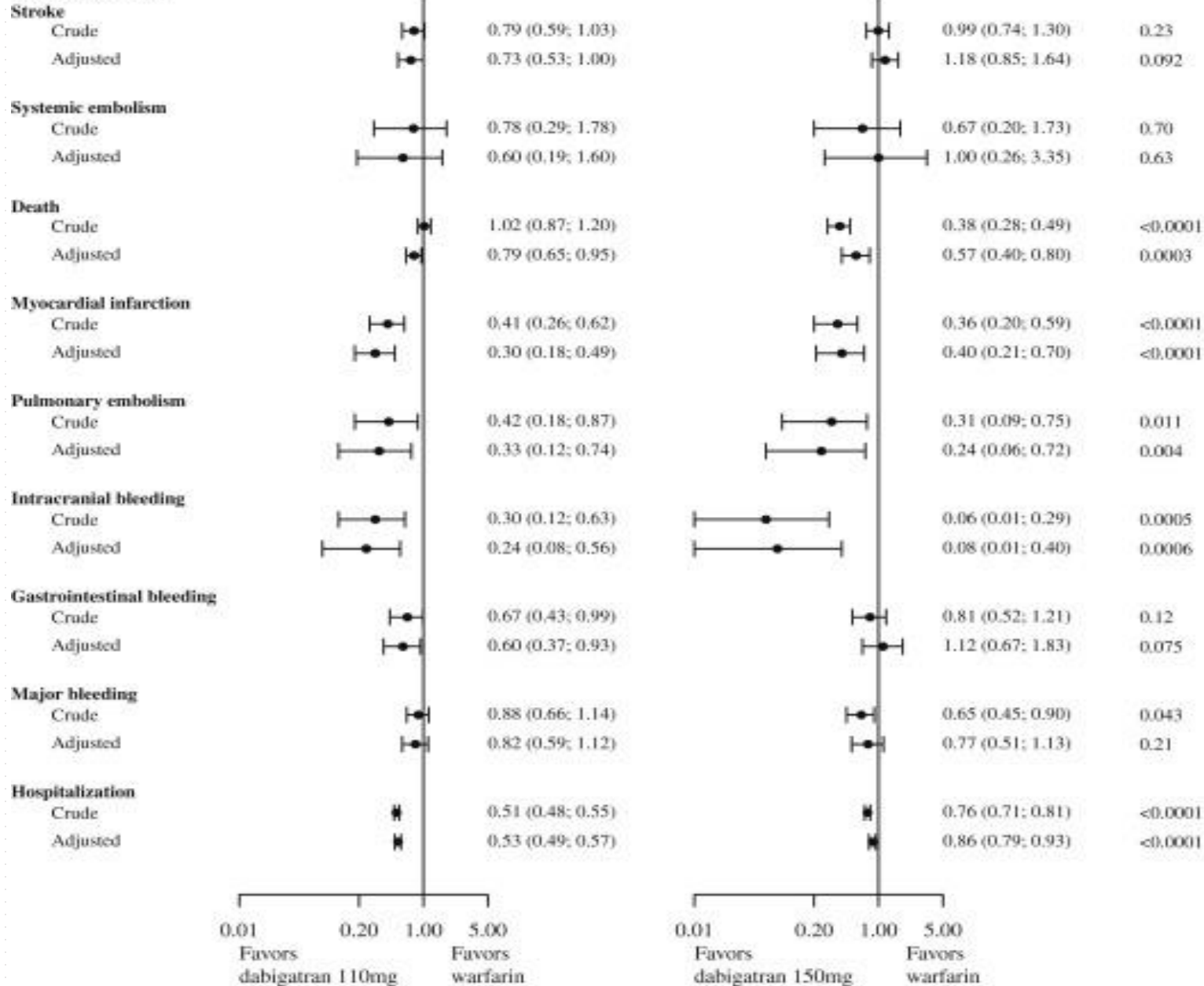
www.fda.gov/Drugs/DrugSafety/ucm396470.htm

Warfarin vs dabigatran 110mg
Hazard ratio (95% CI)

Warfarin vs dabigatran 150mg
Hazard ratio (95% CI)

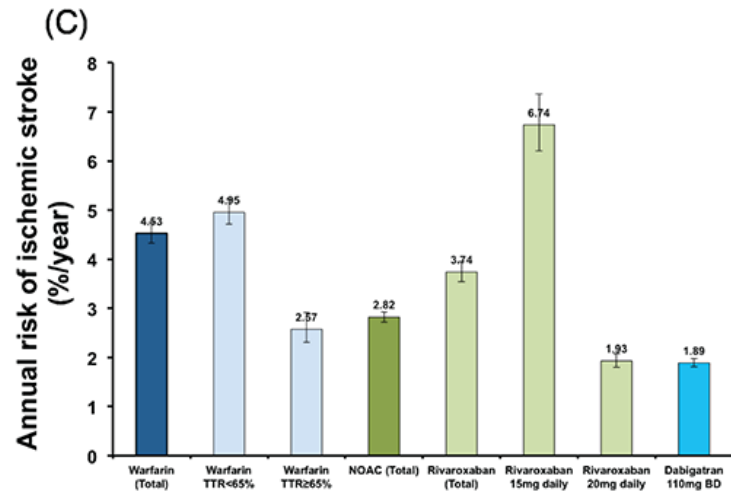
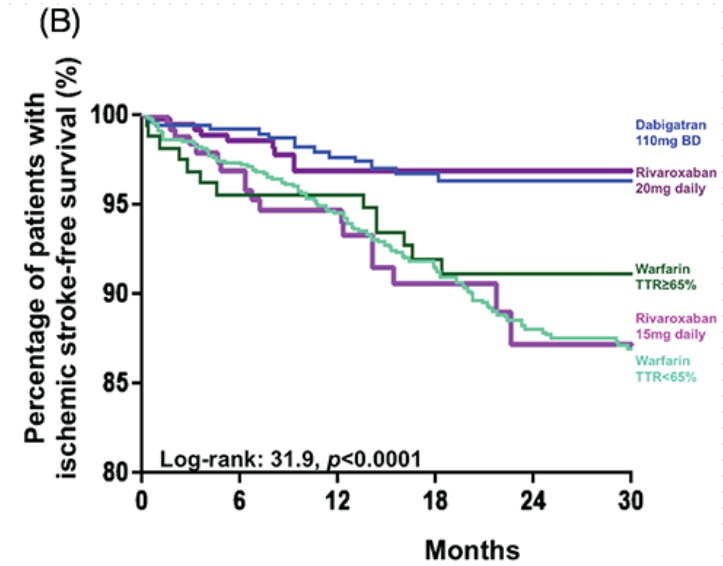
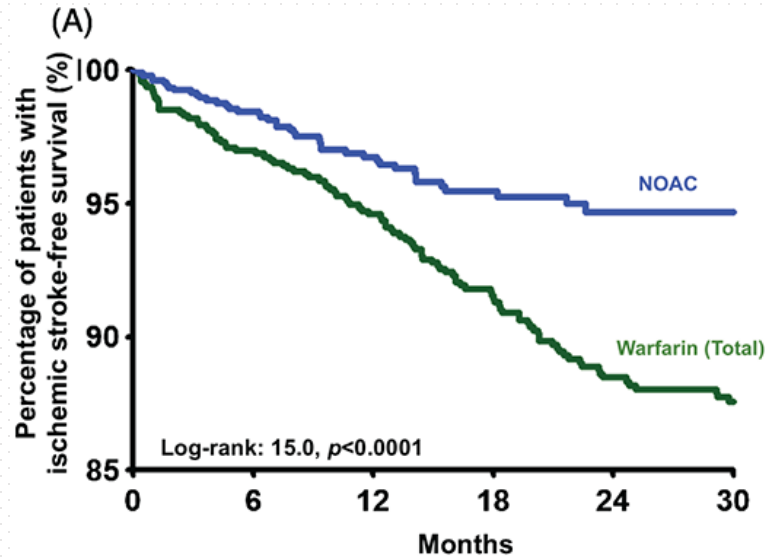
P-value

Outcome / Model

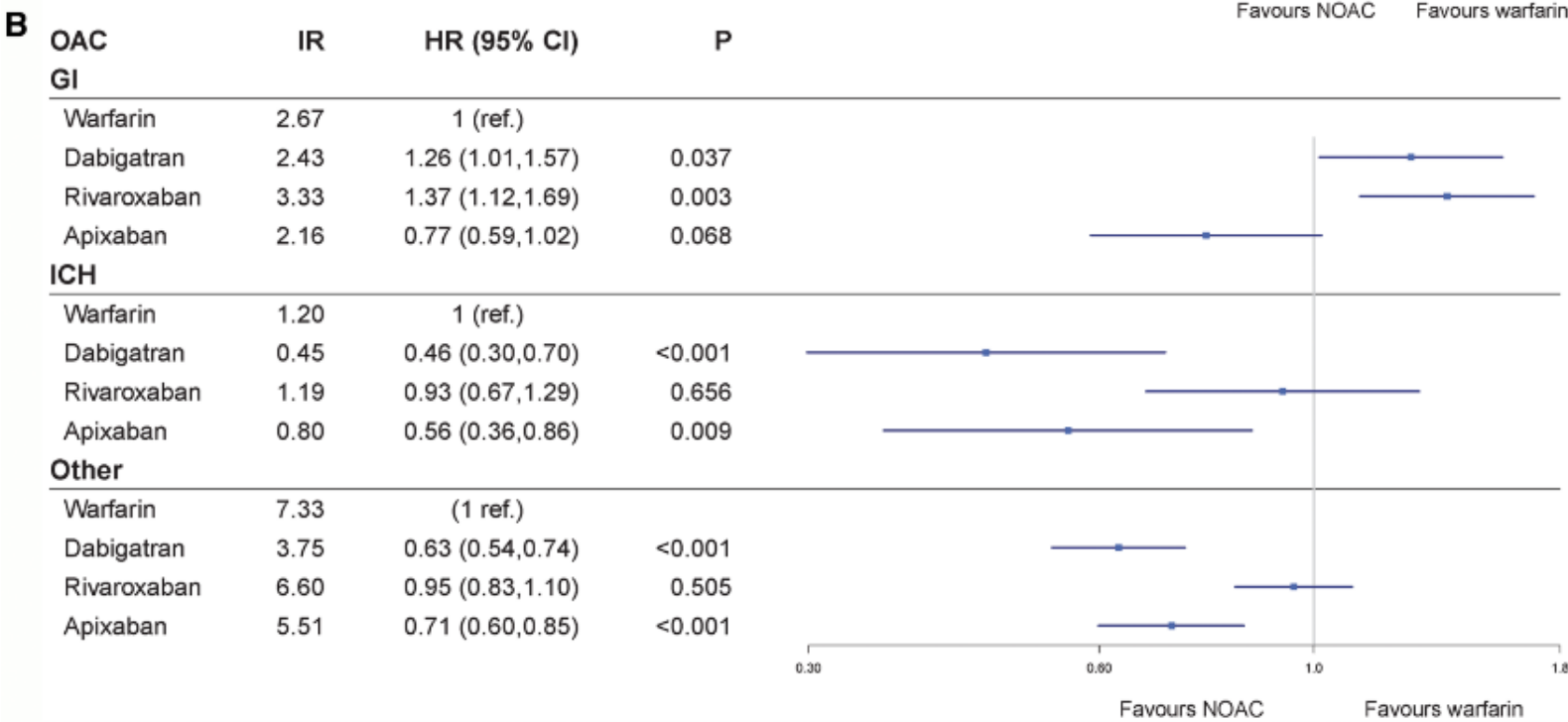
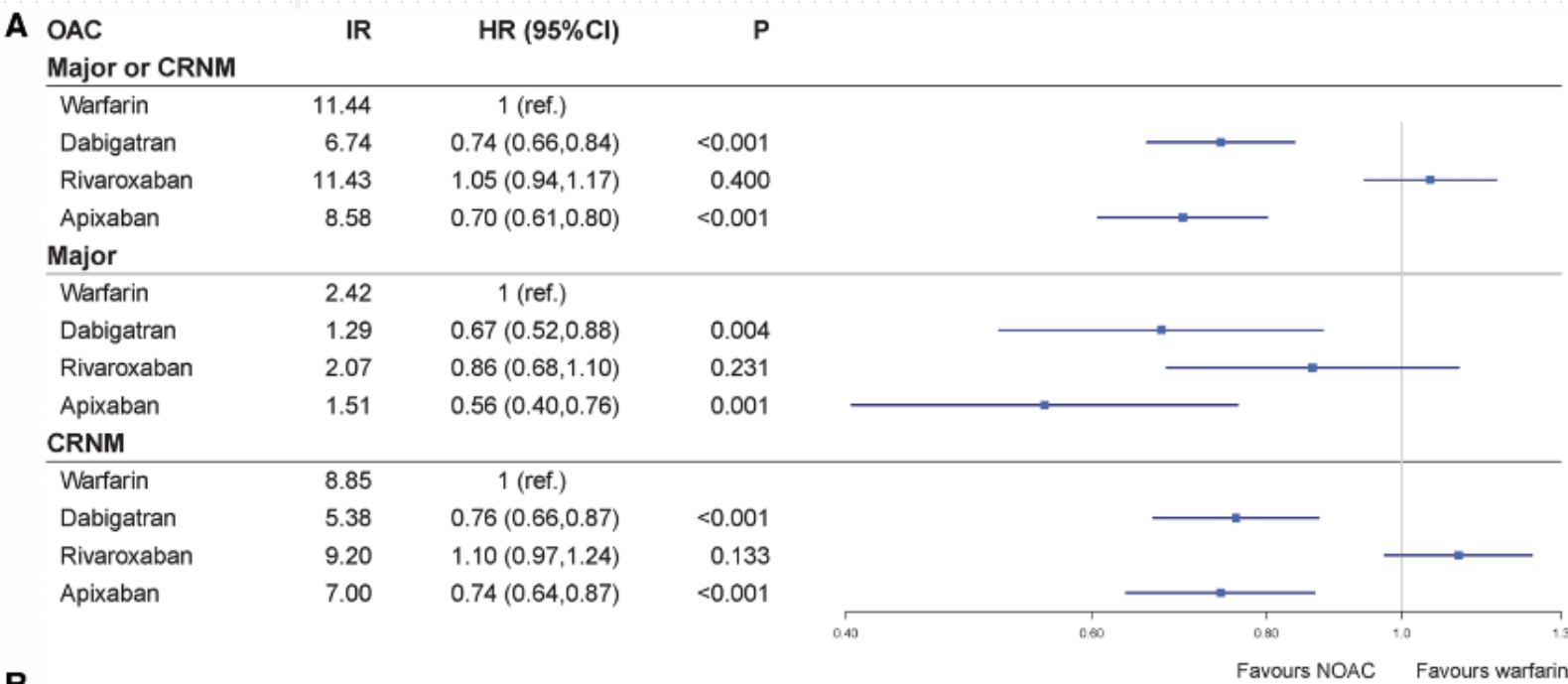


**DÁN
REGISZTER**

HONG KONG ATRIAL FIBRILLATION PROJECT

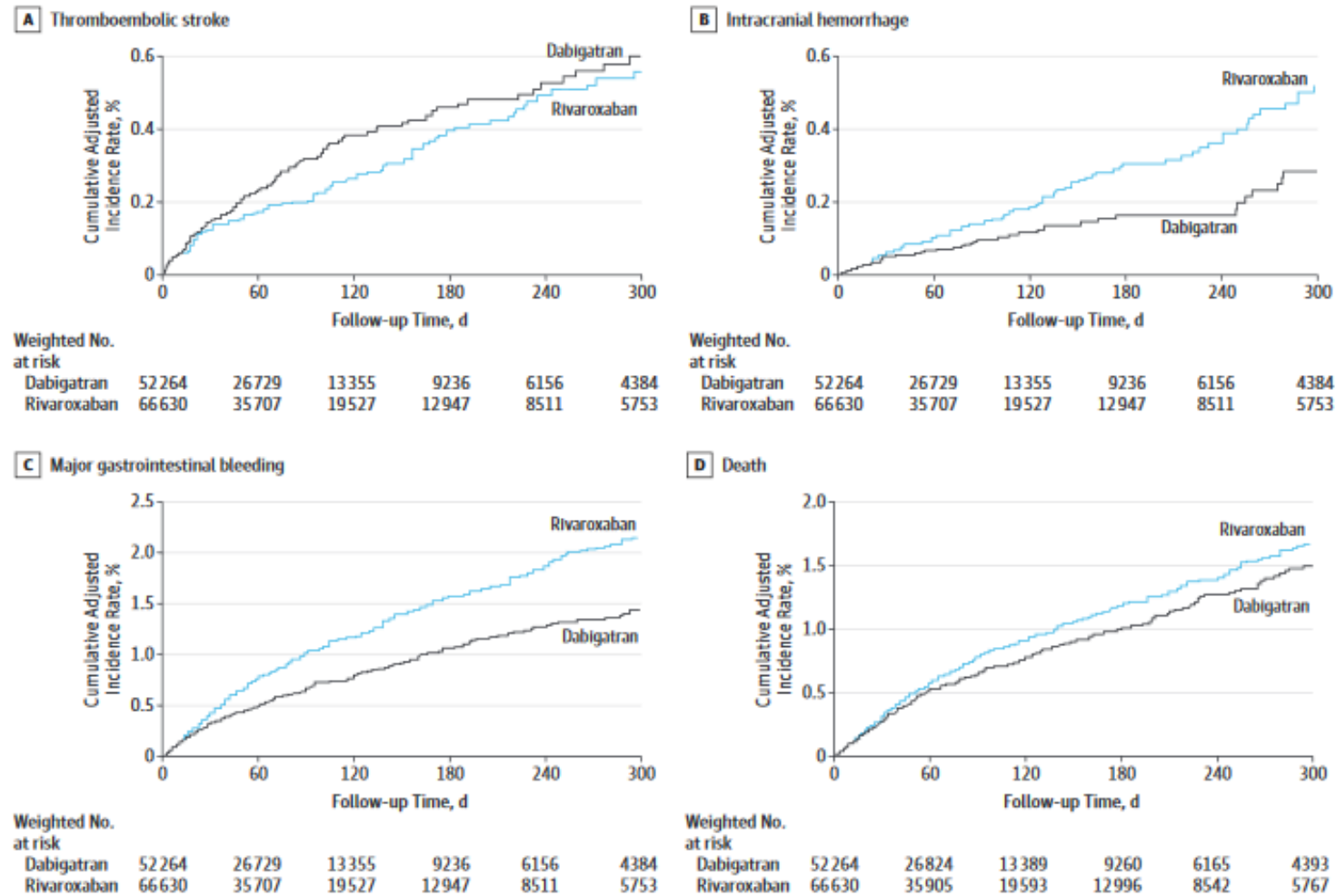


NORVÉG REGISZTER



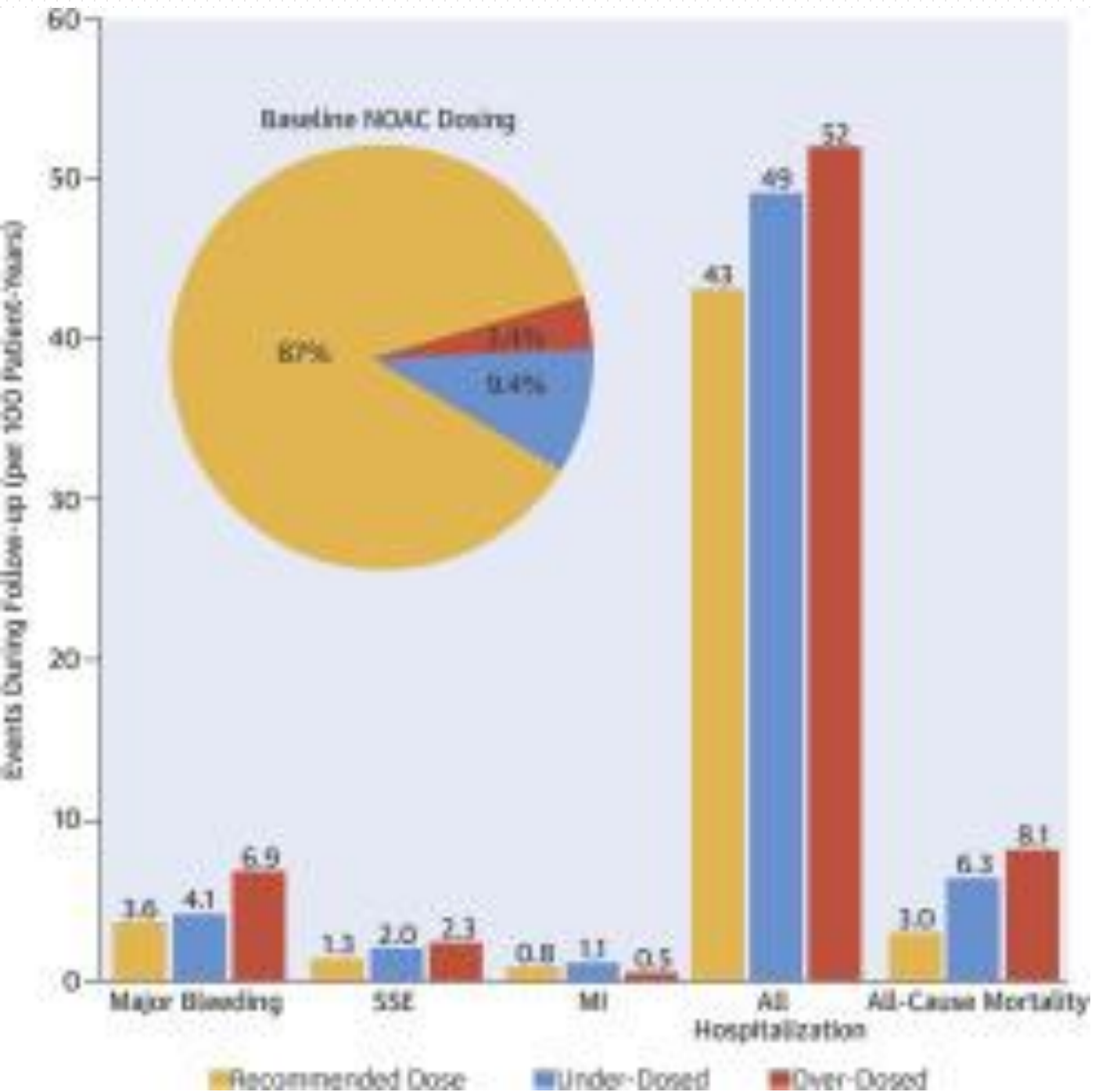
MEDICARE ANALÍZIS: DABIGATRAN VS RIVAROXABAN

Figure 1. Adjusted Kaplan-Meier Cumulative Incidence Plots of Thromboembolic Stroke, Intracranial Hemorrhage, Major Gastrointestinal Bleeding, and Death in Patients Treated With the Standard Dose of Dabigatran or Rivaroxaban for Stroke Prevention With Atrial Fibrillation



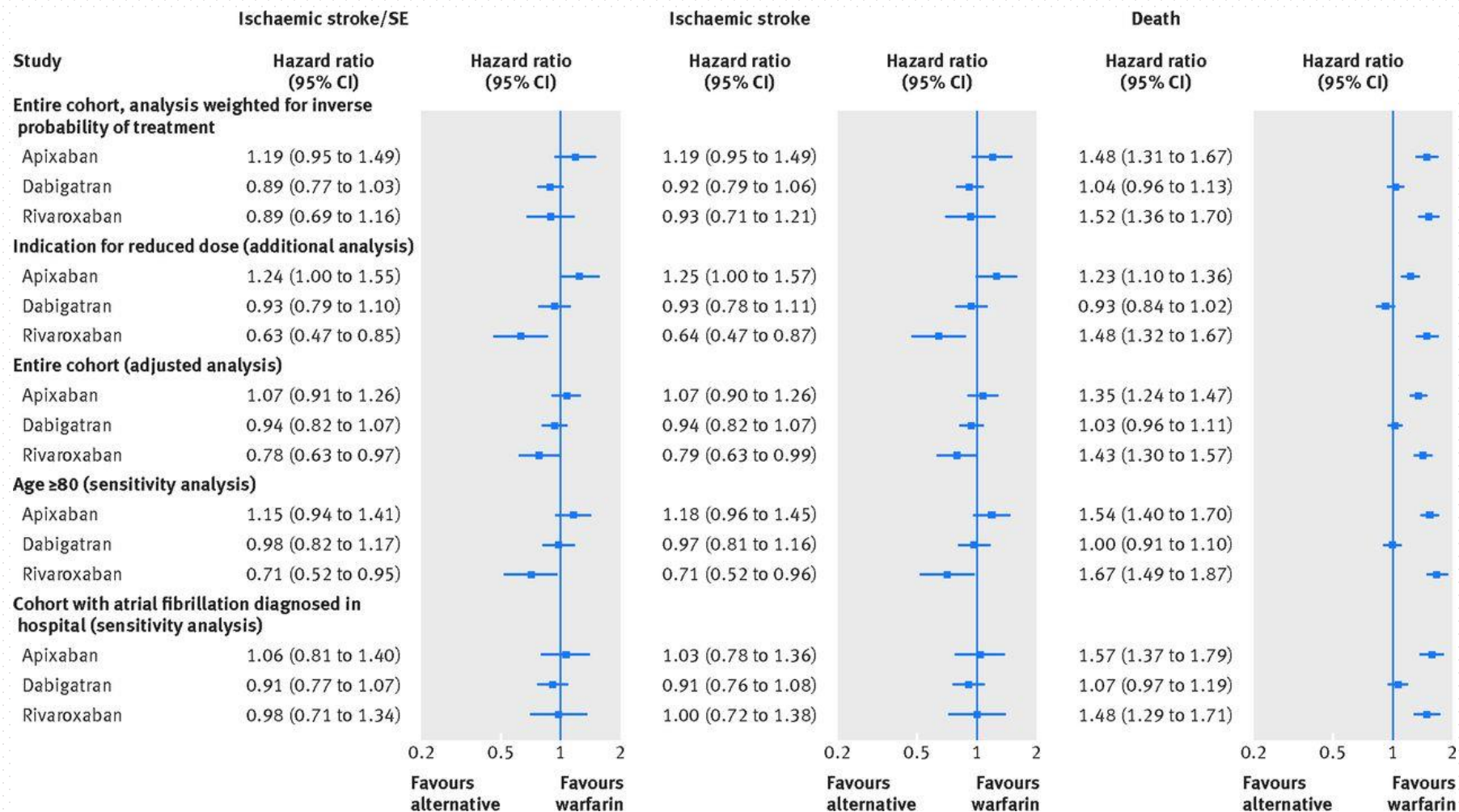
Note that the y-axis scales vary by outcome.

SPECIÁLIS KÉRDÉSEK

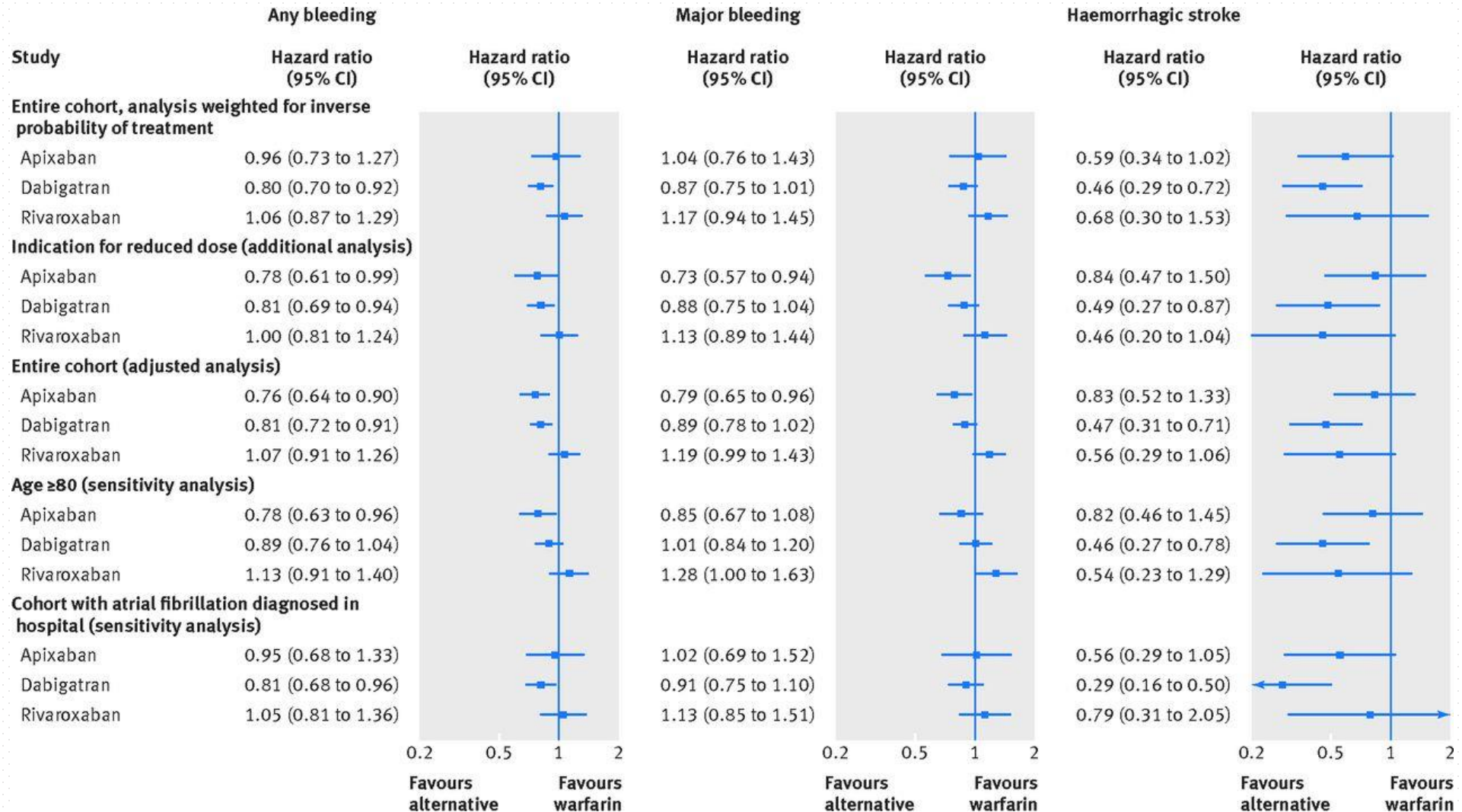


FONTOS AZ ADEKVÁT DÓZIS

TAPASZTALATOK ALACSONY DÓZIS ESETÉN - ISCHAEMIA



TAPASZTALATOK ALACSONY DÓZIS ESETÉN - VÉRZÉS



VÉRZÉS NOAC MELLETT

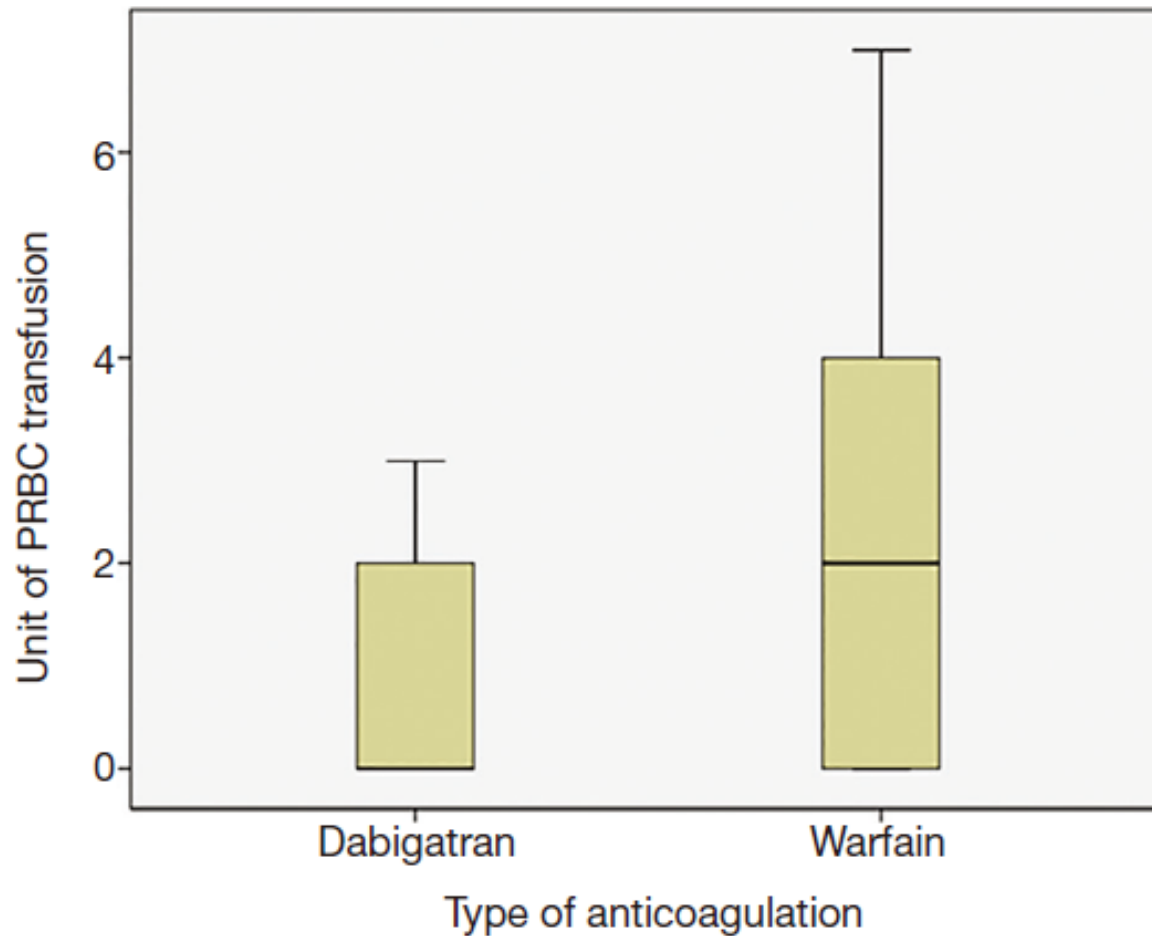


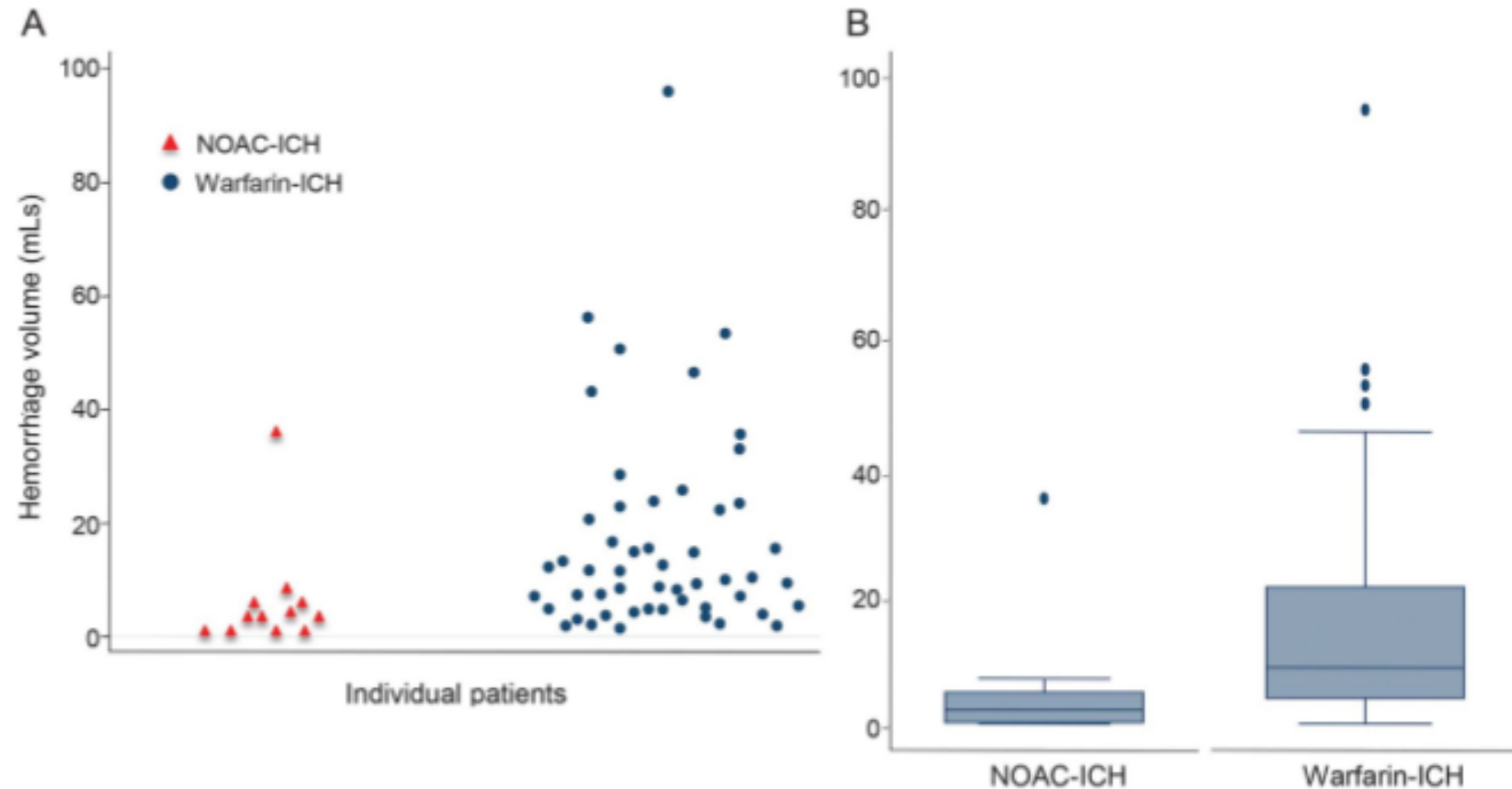
Table 2 Initial clinical presentation, initial laboratory results, and clinical outcomes of patients who presented with GI bleed in both groups

| | Dabigatran | Warfarin | P value |
|----------------------------------------------------|------------|-----------|---------|
| Initial presentation | | | |
| UGIB n, (%) | 0 | 1 (3.8) | – |
| LGIB n, (%) | 11 (84.6) | 20 (76.9) | 0.61 |
| Symptomatic anemia n, (%) | 2 (15.4) | 5 (19.2) | 0.81 |
| Hypotension n, (%) | 1(7.7) | 8(30.8) | 0.11 |
| Tachycardia n, (%) | 3 (23.0) | 5 (19.0) | 0.78 |
| Initial Hb at presentation (mg/dL) | 10.4±2.1 | 9.6±2.6 | 0.34 |
| Second Hb within 24 hr (mg/dL) | 9.64±1.3 | 9.01±2.4 | 0.31 |
| Platelet count (10 ³ /mm ³) | 189±60 | 240±89 | 0.045 |
| Creatinine (mg/dL) | 1.35±1 | 1.35±0.8 | 0.99 |
| INR | 1.81±0.9 | 2.54±0.3 | 0.01 |
| AKI n, (%) | 4 (31.0) | 5 (19.0) | 0.42 |
| PRBC transfusion (units) | 0.69±1.1 | 1.92±2.2 | 0.024* |
| Length of stay (days) | 5.6±4.9 | 5.9±4 | 0.86 |
| ICU n, (%) | 1 (7.7) | 1 (3.8) | 0.61 |
| Death n, (%) | 1 (7.7) | 1 (3.8) | 0.61 |
| Endoscopy n, (%) | 6 (46.0) | 15 (58.0) | 0.50 |

*, after multiple regression analysis correcting for history of CKD, and hemoglobin level at presentation, there is significant association between initial hemoglobin level at presentation, type of anticoagulation, and the quantity of PRBC transfusion with the higher amount of transfused PRBCs in the warfarin group. GI, gastrointestinal; UGIB, upper gastrointestinal bleeding; LGIB, lower gastrointestinal bleeding; Hb, hemoglobin; INR, international normalized ratio; AKI, acute kidney injury; PRBC, packed red blood cell; ICU, intensive care unit; CKD, chronic kidney disease.

INTRACEREBRALIS VÉRZÉS NOAC MELLETT

Figure 2 Dot plot and box plot



(A) Dot plot of individual participants and their corresponding hemorrhage sizes. Blue dots show warfarin-intracerebral hemorrhage (ICH); red triangles show non-vitamin K oral anticoagulant (NOAC)-ICH. (B) Box plot shows median, lower and upper quartiles, and minimum and maximum values of hematoma volume for NOAC-ICH cases and warfarin-ICH cases.

VÉRZÉS NOAC MELLETT

Table 2

Practical guide for how to manage bleeding complications in patients on direct oral anticoagulants

| Oral thrombin inhibitors (dabigatran) | Oral factor Xa inhibitors (rivaroxaban, apixaban, edoxaban) |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| None life-threatening bleeding | |
| Check last intake; restoration of normal coagulation to be expected at 12–24 h (in case of creatinin clearance > 80 ml/min) or 24–36 h (in case of creatinin clearance 50–80 ml/min) | |
| Local hemostatic interventions, fluid management, transfusion | |
| Consider tranexamic acid (1000 mg 3dd) or DDAVP (0.3 µg/kg) | |
| Life-threatening bleeding | |
| All of the above | All of the above |
| Idarucizumab | Andexanet alfa |
| | Ciraparantag (under investigation) |
| Prothrombin complex concentrate (no evidence) | Prothrombin complex concentrate (healthy volunteer data) |
| Activated PCC (no evidence) | Activated PCC (no human evidence) |
| Recombinant factor VIIa (no evidence) | Recombinant factor VIIa (healthy volunteer data) |

Suggested management strategy in case of hemorrhagic complications in patients using direct oral anticoagulants, modified from [15]

PCC prothrombin complex concentrate, *dd* daily, *DDAVP* de-amino D-arginine vasopressin

Akut ischemiás stroke NOAC mellett¹

Ha biztos az utolsó
NOAC-dózis időpontja

$4 \times t_{1/2}$ (≈ 48 óra)
eltelt:

Thrombolysis
mérlegelhető

48 óra nem telt el;
spec. teszt* nincs
vagy abnormális

Mechanikus
rekanalizáció
mérlegelhető

Ha nem biztos az utolsó
NOAC-dózis időpontja

Thrombolysis általában
nem ajánlott

Normális
eredményű
specifikus tesztek*

Thrombolysis
mérlegelhető

Megnyúlt
• aPTI (dabigatran)
• PI (FXa-gátlók)

Thrombolysis
nem végezhető

* **Specifikus koagulációs tesztek:**

- Direkt trombininhibitorok: TI vagy ECT
- FXa-gátlók: X. faktor aktivitása (*kromogén teszt normáltartománya nincs definiálva*)

aPTI = aktivált parciális tromboplastinidő, PTI = protrombinidő, TI = trombinidő, ECT = ekarin alvadási idő

Forrás: Heidbuchel, H. et al. *Europace* 2013; 15, 625-51.

NOAC ÉS VESEFUNCTIONIO MŰTÉTI BEAVATKOZÁS ELŐTT

Table 9 Last intake of drug before elective surgical intervention

| | Dabigatran | | Apixaban | | Edoxaban ^a | | Rivaroxaban | |
|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|-------------------------------|-------------------------------|-------------------------------|-----------------------|-----------|-------------------------------|-------------------------------|
| | Low risk | High risk | Low risk | High risk | Low risk | High risk | Low risk | High risk |
| No important bleeding risk and/or adequate local haemostasis possible: perform at trough level (i.e. ≥ 12 h or 24 h after last intake) | | | | | | | | |
| CrCl ≥ 80 ml/min | ≥ 24 h | ≥ 48 h | ≥ 24 h | ≥ 48 h | No data | No data | ≥ 24 h | ≥ 48 h |
| CrCl 50–80 ml/min | ≥ 36 h | ≥ 72 h | ≥ 24 h | ≥ 48 h | No data | No data | ≥ 24 h | ≥ 48 h |
| CrCl 30–50 ml/min ^b | ≥ 48 h | ≥ 96 h | ≥ 24 h | ≥ 48 h | No data | No data | ≥ 24 h | ≥ 48 h |
| CrCl 15–30 ml/min ^b | Not indicated | Not indicated | ≥ 36 h | ≥ 48 h | No data | No data | ≥ 36 h | ≥ 48 h |
| CrCl < 15 ml/min | No official indication for use | | | | | | | |

Bold values deviate from the common stopping rule of ≥ 24 h low risk, ≥ 48 h high risk.

^aNo EMA approval yet. Needs update after finalisation of SmPC.

^bMany of these patients may be on the lower dose of dabigatran (i.e. 110 mg BID) or apixaban (i.e. 2.5 mg BID), or have to be on the lower dose of rivaroxaban (15 mg QD).

Low risk = surgery with low risk of bleeding; high risk = surgery with high risk of bleeding. See also Table 10.

CrCl, creatinine clearance.

Periprocedural Management of NOACs: EHRA Practical Guide

| Procedure | Anticoagulation Management |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| Dental interventions <ul style="list-style-type: none">- Extraction of 1-3 teeth- Periodontal surgery, incision of abscess, implant Ophthalmology <ul style="list-style-type: none">- Cataract or glaucoma intervention- Endoscopy without surgery- Superficial surgery (dermatologic excisions) | Very low bleeding risk: Discontinuation of OAC not usually required (perform procedure at concentration) |
| Endoscopy with biopsy Prostate or bladder biopsy EP study or SVT ablation with transeptal access Angiography PM or ICD implant (uncomplicated) | Low bleeding risk: Discontinue NOAC 24 hours prior to procedure (longer in patients with renal dysfunction) |
| Complex left-sided ablation (PVI, VT) Spinal or epidural anesthesia, lumbar diagnostic procedures Thoracic and abdominal surgery Liver and kidney biopsy TURP Major orthopedic surgery | High bleeding risk: Discontinue NOAC 48 hours prior to procedure (longer in patients with renal dysfunction) |

LE A WARFARINNAL?

- The use of dabigatran in patients with mechanical heart valves was associated with increased rates of thromboembolic and bleeding complications, as compared with warfarin, thus showing no benefit and an excess risk
- Except for low-dose rivaroxaban, the studied dosing regimens, apixaban and dabigatran failed to show a net clinical benefit in addition to dual antiplatelet therapy in acute coronary syndromes.

KÖSZÖNÖM A FIGYELMET!